

# Glasgow City Joint Young Carers Strategy

2002-2005



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## Preface

Young carers help out family members who have difficulties due to illness, disability or an addiction. The practical and emotional support they provide is often important in complementing agency services. Their role contributes towards two main policy objectives:

- helping vulnerable people to live a good quality life in their own homes and communities
- keeping families together

Without their input services would come under additional pressure and young carers therefore save the public purse substantial sums of money each year. This in itself is reason to recognise young carers as key partners in caring.

Caring has a very positive side and most young carers take satisfaction from contributing to the care of a family member. Where however the level of caring becomes too high or otherwise inappropriate the health and well being of the young carer can suffer. They need the time and opportunities to develop their abilities and potential and agencies must develop an awareness where this right is being compromised.

The United Nations Convention on the Rights of the Child identified a number of fundamental children's rights:

- To have full account taken of their best interests
- To receive education and development opportunities
- To express their views and have them taken into account
- To have access to leisure, recreation and cultural activities
- To live without discrimination

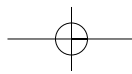
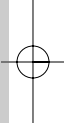
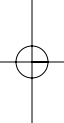
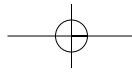
This strategy aims to deliver these rights for young carers.

The overall purpose of the strategy is to raise awareness of young carers and to strengthen supports that allow them to achieve a balance between caring for others and fulfilling their own needs. Each section of the strategy identifies actions designed to achieve clear objectives. Implementation of these actions will be monitored and reported on an annual basis to measure progress. We intend building a partnership with young carers that will allow them to comment on the effectiveness of the strategy and to influence its development.

The strategy has been produced on a partnership basis reflecting the range of interests concerned with supporting young carers. The planning group responsible for its production included representation from Social Work Services, Education Services, Cultural and Leisure Services (Community Education), Greater Glasgow NHS Board, the Primary Care Trust, the West of Scotland Carers Forum and the Princess Royal Trust for Carers. The views of young carers and providers were obtained through a major consultation exercise.

I hope you find this strategy helpful in outlining a better deal for young carers. Your continued interest in its implementation and development will be welcomed.

Councillor Margaret McCafferty  
Convener, Children's Services Joint Sub Committee



## Introduction

Young carers are a highly vulnerable but relatively unseen group. Their position as carers can expose them to pressures that often lead to poor physical and mental health and limit their personal development. As children and young people it can be difficult for them to understand and argue for their own needs and rights.

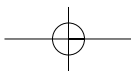
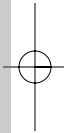
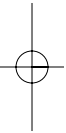
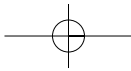
Young carers make a significant contribution to the wellbeing of others. There is however a clear need to provide them with appropriate support. The Carers Legislation Working Group was established by the Scottish Executive to advise of any changes in law required to improve support to carers. In relation to the role of young carers it recommended that:

- The law is changed where appropriate to ensure that young carers have the same rights as adults to assessment and support.
- Young carers be supported in a way that respects the general principle of reinforcing family relationships.
- Young carers be supported in ways that do not perpetuate inappropriate types or levels of caring.

This report influenced the drafting of the Community Care and Health (Scotland) Act 2002 which now provides a right of young carers to a carer assessment.

***The purpose of the strategy is to generate recognition of the role of young carers and to plan and develop practical supports that will measurably increase their quality of life and support their development.*** The strategy reviews current services, working practices and the proposed funding base. It considers the needs of young carers and identifies ways in which these needs can best be met including developments required to improve areas of service and practice. The results of a major consultation exercise are reviewed and have been used to inform the strategy. The strategy commits the planning partners to specific actions which will be monitored and reviewed regularly.

Young carers require recognition and support from a range of sources. In light of this, the strategy was developed by an interagency planning group which included representation from Social Work Services, Education Services, Cultural and Leisure Services (Community Education), Greater Glasgow NHS Board, the Primary Care Trust, the West of Scotland Carers Forum and the Princess Royal Trust for Carers. The views of young carers and providers were obtained through the consultation exercise.



# Young Carers and Their Needs

## Definition

This strategy has adopted the following as a working definition of a young carer:

“Young carers are young people (up to the age of 18 years) who are affected by chronic illness or disability of a family member and who provide them with care and support. Physical disability, learning disability, mental illness, substance misuse and HIV/Aids are the primary categories of illness/disability likely to affect young carers. Young carers will often be responsible for a great deal of their own care.”

Most young carers care for parents or siblings, but they may also care for grandparents, other family members or friends. Young carers include children who are very young. For example, a six or seven year old who regularly checks that a sibling is safe and well in another room in the house because the parent is physically disabled is carrying out caring tasks beyond what might be considered normal.

## The Impact of Caring

The consultation exercise confirmed that the nature and extent of the caring tasks are, in the main, determined by the condition of the cared for person and family circumstances. The range of tasks highlighted are varied and included:

- domestic chores
- shopping
- help with moving around
- giving medication
- offering emotional support
- providing intimate personal care such as bathing and dressing
- looking after brothers and sisters

Young people need time and opportunities to develop. While caring for a family member can be a positive and rewarding experience, it is vital that supports are in place to ensure that a young carer's quality of life and personal development are not compromised.

Attendance at school is known to be disrupted due to conflicting care responsibilities. It has also been recognised that concentration in the classroom can be affected by their caring roles. Young carers report that they often feel isolated from their peers because of their family situations and are known to be vulnerable to incidences of bullying. These factors often combine to limit performance at school leading to poor results, difficulties in accessing further education and poor job prospects.

## Needs of Young Carers

In order to achieve the goal of social inclusion for young carers a range of issues need to be addressed:

- Identification of young carers and consideration of their needs
- Educational attainment and achievement at school leading to further education, training or employment
- Good physical and mental health
- Practical, social and emotional supports
- Choice and control of their circumstances and personal development
- Remove inappropriate caring tasks by providing suitable care for the cared for person

## Young Carers and Their Needs

The recent Youth Health Study carried out in the Greater Glasgow area by Greater Glasgow NHS Board Health Promotion Department involved surveying 2,600 12-15 year olds in Greater Glasgow. Around 11.1% of the sample reported looking after a family member in some way. This percentage rose with age. Girls were also more likely to have caring responsibilities.

Where 'young carers' were defined as any young person carrying out any caring (e.g. as little as 1 hour/week), the survey indicated that there appeared to be no significant impact on the mental health and emotional well-being of the young people. Where 'young carers' were defined as those caring for 6 hours or more each week, there was significant impact on the young people's mental and emotional well being. For instance 19.7% of young carers had a high 'depression' score as compared to 8.1% of non-carers; 21.0% of young carers had a low self-esteem ranking compared to 9.5% of non-carers and 13.8% of young carers felt they had little or no control over their life compared with 9.0% of non-carers.

### Numbers of Young Carers

The precise number of young carers in Glasgow is not known with any degree of accuracy. A working estimate has been obtained by applying national prevalence rates to the Glasgow population. The 1995 General Household Survey estimated that 10% of the Scottish population were carers and 13% of households contained a carer. On the basis of this survey, it is estimated that there are approximately 62,000 carers in Glasgow of whom around 3,000 will be young carers.

The majority of young carers live in households where the family is dependent on welfare benefits as the sole source of income and, therefore, it can be seen that there is a direct link between low income and inappropriate caring responsibilities. The spread of young carers will therefore vary greatly across the city with a disproportionate number of children in poorer areas being involved in caring responsibilities. A survey of a community school in Easterhouse and P7 classes of its feeder Primary Schools estimated that around 23% of its pupils had a care responsibility.

## Messages from Consultation Exercise

### Consultation Process

A draft strategy was released for consultation in early September 2000. Publicity was obtained through articles in the press and 7,000 copies (including a young person's version of the consultation document) were put into circulation. A series of meetings took place with young carers. A half-day conference obtained the views of voluntary and statutory sector staff.

Approximately one hundred written responses were received. A full report on the results of the consultation has been produced and is available on request. The general aims and direction of the strategy was endorsed. The key findings are reviewed below.

### Impact of Caring

The experience of being a young carer can be stressful and diminishing. If the commitments are excessive the physical, mental and emotional wellbeing of the young person will be gradually undermined. Difficulties at school can affect attainment and reduce future job prospects. There is a large pool of unidentified young carers who require support in order to allow them to make positive choices about their role.

### Positive Features

There is a very positive side to caring consistently reported by young carers themselves. Through these roles they gain a status and sense of responsibility as well as finding satisfaction in supporting a close relative. They also acquire practical skills and learn to understand the needs of another person. These factors can be strengthening and build self-esteem. Young carers commented that they wished to continue with their caring role.

### Concerns of Young Carers

Young carers expressed a range of concerns particularly in relation to the involvement of statutory agencies. There can be a fear that such involvement may result in the break up of the family either through the young carer being taken into care or the cared for person being removed from the family home. There is also a fear of losing control, that professionals will move in and displace young carers from their role and influence. Young carers want to be acknowledged and their views taken seriously whether in relation to themselves or the person to whom they provide support.

### Information

Comments from young carers and workers indicated that current information is very limited, poorly distributed and under used. There was a number of suggestions about how this situation could be improved but a common view was that young carers themselves should be asked in more detail about what information was required and the most effective ways of communicating. An information strategy could be developed in co-operation with a focus group of young carers who would provide general advice and provide feedback on any potential material.

## Messages from Consultation Exercise

### Existing Services

Young carers placed a high value on the support they received from existing young carer services implying a need to strengthen and expand these supports from their very limited base. Having regular contact with an independent source of one to one advice and peer support from meeting as a group was of great benefit.

### Responsibilities

The support provided by young carers should never be a substitute for formal service input. Many young carers carry out tasks more properly the responsibility of adults or statutory services. Young carers need to be aware of the practical supports that service agencies can provide. This will include adequate inputs from home help and community health staff.

### Practical Supports

A range of other useful supports was identified. Advocacy services in order to support the young carer understand their circumstances and ensure that their needs are met. Respite was identified as crucial to free up time for the young person to fulfil their own needs whether that be to complete homework or spend time with friends.

### Identifying Young Carers

There is a large pool of unidentified young carers who would benefit greatly from being offered information, advice and practical support. Opportunities and encouragement should be given to young people to identify themselves as young carers. This is closely linked with raising the profile of young carers particularly in the school environment and clearly identifying routes to support. The most likely mechanism for the better identification of young carers however is through those staff who come into contact with young people as part of their work. This encompasses a very broad range of staff who should be provided with appropriate information and undergo training sessions.

### Young Carers from Minority Ethnic Communities

Young carers from ethnic minority backgrounds have particular difficulties in being identified and supported. There is a need to ensure a good quality dialogue with minority ethnic communities in order to understand their cultural requirements and to communicate that services and supports are available. All areas of activity, from information, assessment to service provision, should be culturally sensitive and equally accessible to all groups.

### Striking a Balance

Young carers want to be able to strike a balance in their lives. A balance between supporting the needs of a family member and fulfilling their own needs. A balance between accepting help from outside agencies and their need for independence. Currently the burden of expectation on young carers is too great due to their largely unrecognised role and the lack of available support. There is a pressing need to create a dialogue with young carers leading to services which support them in making positive choices about their lives.

# Identifying Young Carers and Assessing Their Needs

## Background

Young carers have until recently had a low profile. There is need to develop awareness of young carers and to ensure systems are robust enough to offer appropriate supports to allow them to be young people first.

In response to a recommendation in Glasgow's Joint Community Care Plan 1995–98, in 1996 Social Work Services commissioned NCH Action for Children to carry out research to consider the identification of young carers and the assessment of their needs. The research raised a number of issues:

- There was need to achieve consistency in the priority given to the recognition, assessment and service supports for young carers.
- There was need to ensure that staff with appropriate responsibilities and expertise for services for children and families became involved with young carers.
- Work with young carers was rarely acknowledged as such. It was often a by-product of work with other adult family members and was not formally recognised or recorded as work with a young carer.
- Young carers were often deliberately 'hidden' by parents who feared that their children might become looked after by the local authority if the parents were perceived as being unable to cope.

From this and other research there are several core issues which Services must address.

- Young carers should be seen as receiving support in their own right.
- A joint approach should be adopted by the service agencies, in consultation with young people and their families, to develop effective services which will release young people from their caring roles and re-establish the appropriate balance of care and responsibility in family relationships.
- Work with young carers requires to be clearly acknowledged within the service agencies systems of priorities.
- There is need to raise awareness of the needs of young carers.
- There is need for service agencies and support services to adopt an early intervention approach.

## Current Position

### Social Work Services

The assessment process is the key mechanism in determining the appropriate balance of caring input between young carer and providing agencies. It also identifies the support and services required directly by the young carer. There are a number of mechanisms which support the identification of young carers and the assessment of their needs.

In conducting assessments the views and needs of any carers involved (including young carers) are expected to be taken into account. Staff are now undergoing carer awareness training that will encourage them to identify carers when conducting an assessment on a vulnerable client.

A common assessment framework for Children and Families has been agreed by Social Work, Education, Health and the Reporters Administration for Glasgow. It has been developed in order to minimise duplication of work, provide comprehensive information and will be used to assess the needs of young carers.

## Identifying Young Carers and Assessing Their Needs

Carers have had a right to a carer assessment, which focuses directly on their particular needs and circumstances, for a number of years although the position of young carers was ambiguous. Under the Community Care and Health (Scotland) Act 2002 this has now been clarified and young carers now have an equal right to a carer assessment.

### NHS Greater Glasgow

The 'health needs assessment' of young people in Greater Glasgow undertaken by Greater Glasgow NHS Board in 2000 attempted to quantify the numbers of young people engaged in caring and reports around 11% of the population categorised as 'young carers'.

The NHS needs to be in a better position to understand the existence and place of young carers and their needs in terms of identification, support, information and referral. Large numbers of NHS staff within different settings are unaware of young carers and their needs. Awareness raising across all sectors of the health service therefore needs to be undertaken utilising the findings of the health needs assessment as well as other more qualitative research.

Training for front-line staff should also encompass presentations on the needs of young carers as well as support services, referral routes and accessible information for carers and workers. The proposed generic training in Glasgow through Local Health Care Co-operatives on 'carers and caring' per se needs to include an element looking at young carers. In addition a simple checklist/information resource for front-line staff such as GPs, school nurses and others has been developed and distributed.

There are a number of opportunities to raise awareness and produce support systems within existing youth health initiatives including:

- New Community School pilots and subsequent 'roll-out' of New Community Schools across Glasgow City
- Youth Health Priority Project within Eastern and Maryhill/Woodside Local Health Care Co-operatives
- Other Youth Health developments such as 'YSG' at Barlarnark, Castlemilk Health Spot, Youth Health initiative in Pollok
- Patch-based pilot work on Child/Youth Health being developed at West 1/ Local Health Care Co-operatives and in Drumchapel Local Health Care Co-operative
- The mental health promotion pilot project focusing on work with young carers within the black/minority ethnic community

### Education Services

The Education Service recognises the crucial role of schools in identifying and supporting young carers. Teaching staff have a key role in the early identification of young people experiencing problems and are in the position to take supportive action that will allow pupils to identify themselves as a young carer.

In order to raise awareness of young carers amongst teaching staff a 6-month initiative (the Young Carers Education and Development Project) was piloted. Two workers were seconded from their substantive posts to deliver a programme of action involving:

- Preparation and distribution of information to all schools
- Development sessions with teachers and other school staff on identifying and supporting young carers

## Identifying Young Carers and Assessing Their Needs

Following evaluation a single post has been created to ensure links between schools and community based supports continue to be developed. This post is located within the West of Scotland Carers Forum.

### **Cultural and Leisure Services**

Cultural and Leisure Services recognise the potential for assisting young carers with a range of cultural, support and community learning services. Young carers and siblings have been identified as a key target group. Community Learning Teams have established links with the existing Carer Centres/Projects and will continue to develop an appropriate range of social, cultural, recreational, learning and support services on a partnership basis.

### **Information**

Young carers require information to help them with a range of issues including:

- Identifying themselves as carers
- Understanding their circumstances
- How to look after their physical and mental health
- Knowing what help is available and where and how to get it
- Understanding the condition of the person they care for

Information requires to be produced in a range of formats and styles, which are sensitive to their age and circumstances.

An information strategy is being developed by a multi agency Carers Information Strategy Group. The strategy will be implemented with the support of a range of services including the Education and Development Project, the Glasgow Carers Support Line, the Young Carers Network and Carers Centres/Projects.

### **Responding to Minority Ethnic Communities**

All services must be accessible to all sections of the community and require to be culturally sensitive taking account of culture, religion, language and customs. Two minority ethnic development workers have been appointed with a city-wide remit:

- To identify minority ethnic carers in Glasgow
- To assist minority ethnic carers in accessing appropriate supports and services.
- To assist service providers in the provision of appropriate and accessible services for minority ethnic carers.
- To encourage the participation of minority ethnic carers in the planning process, either through existing forums or through the creation of alternative community based structures.
- To raise awareness of their needs with policy makers, service providers and carers themselves.

# Identifying Young Carers and Assessing Their Needs

## Objectives and Actions

### Objective 1

Ensure that young carers are identified and their needs acknowledged

#### Actions

- Through generic carers awareness training to staff (SWS, Health and Education) preferably on a joint basis in order to increase awareness of young carers and to promote good practice.
- Ensure that SWS assessment procedures take account of the needs of young carers.

### Objective 2

Encourage young carers to identify themselves as such and request support

#### Actions

- Create awareness and understanding amongst young people through the distribution of information.
- Ensure that Young Carers are aware of the role and support available from Carer Centres/Projects and Youth Services.

### Objective 3

Raise public awareness of the needs of young carers

#### Actions

- The Education and Development Project in partnership with other agencies will work with young people and staff to raise awareness of young carers.
- The West of Scotland Carers Forum will support the Glasgow Young Carers Network and raise the profile of young carers within its work with carers.
- The Carer Centres/Projects will develop local initiatives to create awareness of young carers
- The Princess Royal Trust for Carers will continue to support the development of the national young carers network and the Scottish Young Carers Alliance.
- The Carers Information Group will ensure the production and distribution of information relating to young carers.

### Objective 4

Ensure that all services are accessible to minority ethnic young carers.

#### Actions

- Ensure that the minority ethnic development workers take account of young carers.
- Ensure that the Glasgow Anti Racist Alliance's work with young people takes account of young carers.

# Promoting Educational Achievement and Attainment

## Background

Education is a key factor in determining the extent to which a young person will progress and fulfil their potential. Attendance at school and participation in classes are important to acquiring skills and qualifications that allow progress to further education and employment. Young carers often experience disruption to their education due to a range of factors.

The demands of a caring role can conflict with attendance at school and a young carer may absent themselves in order to attend to the needs of a relative. Young carers can suffer from bullying because they are perceived to be different or have a parent who has a condition that has a degree of social stigma. Even when at school young carers may have difficulty focusing because of tiredness caused by broken sleep or heavy care responsibilities. After falling behind it becomes increasingly difficult to catch up and young carers may become estranged from schoolwork altogether leading to poor educational outcomes.

## Current Position

Glasgow City Council Education and Social Work Services jointly funded a pilot Young Carers Education Development Project, which operated for a 6-month period. The Project employed two experienced workers who developed and delivered a programme of work with schools. The overall aim of the project was to raise awareness of young carers amongst key groups of staff enabling better identification and access to support.

The programme was aimed at a range of staff who are likely to come into contact with and have responsibility for young carers. This included head teachers, guidance staff, network support team, school nurses and auxiliaries. Written material highlighting the needs of young carers and supports available was prepared and distributed. This was backed up with presentations, training events and meetings. In addition lessons focusing on young carers were prepared and delivered within PSD and circle time classes.

Evaluation of the project indicated that the work of the project had been welcomed by the school community in highlighting the needs of young carers. Health, Social Work and Education Services will continue to support the project on the basis that its remit is to:

- Raise awareness in schools
- Work closely with Carer Centres/Projects
- Establish links with Social Work Area Teams, Local Health Care Co-operatives, Community Learning and Community Action Teams.
- Identify and promote best practice
- Support service developments
- Establish and support a Glasgow Young Carers Network

Community Learning Teams have a significant role to play in supporting young carers and siblings. This Service works within learning communities, new community schools, youth work and continuing education, all of which are relevant for young carers. Many young carers are forced to grow up as adults, facing responsibilities beyond their years and isolated from their peers. Community Learning Teams have the potential to forge links with young carers and to help them gain access to learning, social and development opportunities. Young carers will also be assisted to access the full range of Cultural and Leisure Services in line with their wishes.

Each local Community Learning Plan identifies young carers as a key target group. Contact with local Carer Centres/Projects has been made with a view to negotiating an appropriate input and to develop links with the wide range of opportunities available to young people.

# Promoting Educational Achievement and Attainment

## Objectives and Actions

### Objective 1

Ensure that all staff are aware of the needs of young carers and siblings and are able to provide support and refer to external supports as required.

#### Actions

- Schools and Carer Centres/Projects to develop an active dialogue and linkages to assist in the identification of and practical support for young carers.
- Regular updates of information on young carers to be issued to all schools and Youth Services particularly advice on any new area developments
- Further school staff development sessions to be offered and delivered by local Carer Centres/Projects in order to raise young carer awareness and build active local linkages between Centres/Projects, schools, Youth Services and other partners. This activity will be facilitated by the city wide development officer.
- Develop and deliver multi-agency in service sessions to promote young carer awareness and good joint working practices.

### Objective 2

Promote support strategies that will facilitate educational achievement and attainment

#### Actions

- Encourage schools to highlight the issues of young carers during Personal and Social Development sessions using resources and approaches such as Circle Time.
- Encourage young carers to identify themselves
- Support the development of positive peer relationships
- Attendance of identified young carers will be closely monitored by schools for the purpose of securing appropriate support services.
- Maximum school attendance must be the overall aim for all young carers.
- Depending on individual circumstances, there may be exceptional circumstances where it will be appropriate, in the short term, to agree flexibility in core hours without compromising the educational development of young carers.
- Develop local support strategies to enable young carers to progress their education and learning via a range of non- formal and informal learning opportunities and developmental activities
- Community Learning Teams throughout Glasgow to establish and develop contact with local carer services to provide an appropriate input.

# Encouraging Good Physical and Mental Health

## Background

The quality of life that young carers experience will have a significant impact on their health, in childhood and in their adult lives. The health of young carers is potentially affected by the special responsibilities they carry, both in terms of their capacity to experience a 'normal' childhood and the detrimental effects that stress and worries have on their mental health.

The actions that will have the most health impact in the short term are those contained within the other sections of this strategy, namely providing various forms of support (one to one, group, peer), short breaks, recreational opportunities and support for education.

## Current Position

Although many young carers may elicit support from core health service staff, there is a general ignorance among practitioners of the particular needs of young carers. Some awareness raising has taken place in the past year or so but this needs to be further developed.

The Youth Health Database created by Greater Glasgow NHS Board from roughly 2,700 completed questionnaires from 12-15 year olds across the area will provide a strong focus for health service providers in terms of addressing the needs of young people. The survey included questions on young people caring and the initial interrogation of the data is highlighting the impact on the mental and emotional well being of young carers.

## Objectives and Actions

### Objective 1

Raise awareness of the needs of young carers throughout Primary Care and School Health Service

#### Actions

- Through distribution of Greater Glasgow NHS Board Youth Study findings on young carers
- Through presentations at Primary Care Trust /Yorkhill Trust and at locality level (for instance school health team meetings)

### Objective 2

Provide clear and accessible information and guidance for primary care and school health practitioners regarding local and city wide support for young carers

#### Actions

- Develop and distribute a summary laminated sheet for GP surgeries/ School Nurse drop-ins, and other key points.

## Encouraging Good Physical and Mental Health

### Objective 3

Ensure that the needs of young carers are addressed within all new initiatives aimed at supporting young people.

#### Actions

- Key officers/managers to ensure that young carers are part of the agenda for initiatives such as.
  - New Community Schools
  - Youth Health Priority LHCC Projects
  - Patch based Child Health pilot areas
  - Future, re-invigorated school health service
  - Mental Health Promotion pilot projects(particularly the project addressing young carers needs in the black and minority ethnic community)

### Objective 4

To enable young carers to understand the medical condition of those who need care within their family.

#### Actions

- Provide opportunities for one to one discussions with medical practitioners.
- Provide electronic (web-site) information and support.

### Objective 5

To support the Carers Centres/Projects in providing support to young carers.

#### Action

- Support the joint funded post of Education and Development Officer within West of Scotland Carers Forum.
- Allocate £70,000 from the NHS Greater Glasgow Child Health budget to the core budget of the Centres/Projects and to the Education and Development Project

# Developing Support Services for Young Carers

## Background

Young carers have a range of needs which must be addressed in order to help them cope with their care responsibilities and promote their personal development. The most fundamental needs are for recognition, encouragement and emotional support. Having someone who understands the situation and has the time and interest to listen is of great significance in allowing a young carer to cope and articulate their own needs. The company and understanding of peers is also of assistance in providing emotional support.

There is a range of information needs including advice on the implications of being a young carer, what supports are available and information on the condition of the cared for person. More in depth exploration of personal circumstances is required to identify problems and options for their resolution. One to one support, training, family work and group work all have a role to play.

As with any young person, young carers require social and recreational opportunities. Unlike most young people however, many young carers find their time and energy restricted by care responsibilities. Short breaks and befriending are supports that allow young carers time to enjoy themselves and build friendships.

## Current Position

The services required to meet the needs described above are limited and at an early stage of development. Riverside Young Carers managed by the Glasgow Association for Mental Health operates a support group for young people caring for someone with a mental health problem. Separate support groups for siblings of disabled children are being established in each carer centre/project across the city.

The Carer Centres/Projects located throughout Glasgow provide a range of supports for all carers (including young carers). Their remit in respect of young people includes:

- To identify young carers in the locality.
- To work in collaboration with statutory and voluntary organisations in delivering services to young carers.
- To assist young carers develop their own networks of support.
- To influence the policies and practice of Social Work, Education, Culture and Leisure and Health Services to the advantage of young carers
- To support the implementation of the young carers strategy at a local level.
- Ensure the involvement of young carers in the development of the service
- To raise awareness of young carers and the issues they experience

Service development and good practice will be encouraged through shared experience of what works for young carers. Publications such as the Princess Royal Trust Young Carers Good Practice Guide, the Kings Fund Standards and Glasgow City Council's Standards will assist in this process.

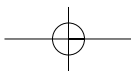
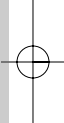
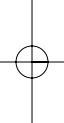
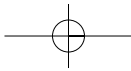
## Objectives and Actions

### Objective 1

Develop the work of the Carer Centres/Projects with young people.

### Actions

- Operational plans to be drawn up by each centre/project outlining the development of young carers services in their area.



# Allowing Choice and Control for Young Carers

## Background

Young carers often find themselves in circumstances far from their own choosing. They can be responsible for significant levels of care due to pressure of family expectation. Young carers need to be supported:

- To develop as young people
- To express their needs and wishes
- To make choices
- To be involved where appropriate in decisions affecting the person they care for
- By adequate levels of agency support to the cared for person
- By a range of direct support for themselves
- By involvement in the development and evaluation of services

## Current Position

Action to offer young carers greater choice and control over service provision will be assisted and promoted through the development of a young carers network. This network is being established by the Young Carers Education and Development Project and the West of Scotland Carers Forum.

## Objectives and Actions

### Objective 1

Support the involvement of young carers in assessments and reviews for the cared for person.

#### Actions

- Ensure that the views of young carers are taken into account. Participation in the assessment process will be encouraged through the provision of appropriate information
- Consider the development of an advocacy service for young carers
- Ensure young carers have a choice in the extent of their caring role by providing adequate levels of support to the cared for person.

### Objective 2

Ensure that young carers are able to access appropriate support

#### Actions

- Generate a greater awareness of young carers amongst staff conducting assessments and reviews. This will be implemented as part of the carer awareness training programme.
- Ensure that the needs of young carers are addressed as part of the assessment and review process.
- Ensure that young carers are offered an assessment in their own right (ie a carer assessment) and that they are able to negotiate an appropriate level of caring responsibility.
- The Carer Information Group to ensure the production and delivery of information of value to young carers in understanding their situation and accessing support.

## Allowing Choice and Control for Young Carers

### Objective 3

Create opportunities for young carers to be involved in the development and evaluation of services.

### Actions

- Support the development of the Glasgow Young Carers Network.
- All Carer Centres/Projects to obtain the views of young carers in evaluating and developing the service.
- Consider the appropriate involvement of young carers in staff training and awareness raising programmes.

## Implementing the Strategy: Monitoring and Evaluation

### Background

It is essential that the planning partners monitor and evaluate the implementation of this strategy and the outcomes for Young Carers. Review of progress will be monitored by the Young Carers Strategy Group which will provide regular reports to the Carers Planning & Implementation Group.

A number of mechanisms will be put in place to measure the implementation of the actions proposed in the plan. The success of these actions in achieving the planned objectives and the overall aim of improving the quality of life for young carers will also be measured.

### Objectives and Actions

#### Objective 1

Measure the implementation of strategy actions

#### Actions

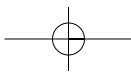
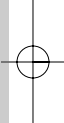
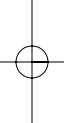
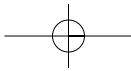
- Conduct a formal annual review of the strategy action schedule. This will form part of the annual review process for the Childrens' Services Plan and the Joint Community Care Plan.
- Agencies will record wherever possible the numbers of young carers being offered support, the range of services accessed by young carers and any gaps in provision.

#### Objective 2

Evaluate the impact of the strategy in meeting the needs of young carers and their families.

#### Actions

- Views will be requested from the Glasgow Young Carers Network and other service user groups as to whether the strategy has had a positive effect.



# Financial Framework

## Background

It is crucial to the viability of a plan that it demonstrates an understanding of the level of resources currently being invested in services. There should also be a clear indication of how this resource base will change over the planning period and how it will be allocated to obtain maximum advantage. This transparency is an important element of accountability to carers and other interested parties.

The Executive encourage such transparency and now require Local Authorities to report in detail on the use of the resources allocated to them through Community Care plans and the annual review process. In order to evidence carer involvement Community Care plans now need to be accompanied by a letter of support from local carers' groups. This letter should confirm that they have been consulted in the planning and development of services and that they are satisfied that each authority's share of the additional carers monies has been used appropriately.

## Current Position

Additional money has been allocated by the Executive for carers' services (including young carer services) through local authority grant-aided expenditure. This represents new money totalling £5m across Scotland, of which Glasgow's allocation is £678,000 /annum. Local carers' organisations and Health Boards have been consulted on spending plans.

Identifying the expenditure on young carers is complicated by the fact that support is often an integral part of other services. We are currently gathering information on all areas of spending in order to provide a fuller picture of current and future spend on young carer services.

The Carer Centres/Projects are a key element of support to carers and young carers and significant progress has been made in stabilising their funding base. The table below shows that their funding will increase from about £0.5 million in 2001/2 to over £1.2 million in 2003/4 representing £127,000/centre/project.

<b>Carer Centre/Project Budgets</b>		
2001/2	2002/3	2003/4
£553,000	£1,121,000	£1,229,000

This funding includes dedicated investments for working with young carers and black and minority ethnic carers.

## Objectives and Actions

### Objective 1

Establish a clear and accurate picture of current expenditure on young carers

### Actions

- Conduct a review of all appropriate services in order to identify any elements of support to young carers

## Financial Framework

### **Objective 2**

Stabilise core budgets and expand expenditure on young carers

### **Actions**

- Stabilise core budget for Carer Centres/Projects
- Carer Centres/Projects to seek additional funding from other sources (e.g. Social Inclusion Partnerships, Local Health Care Co-operatives) to fund non core services.

## Appendix 1

### PLANNING CONTEXT

In legislative terms young carers have sat uneasily between policy directed at adult carers and policy directed at children and young people. The National Carer Strategy has highlighted the needs of young carers. There are however a number of pieces of policy that recognise the needs of young carers and encourage authorities to develop supporting services.

#### UK Level

The NHS and Community Care Act 1990 was significant in that it recognised carers as a client group with its own needs and rights. It acknowledged the enormous contribution that carers made to supporting vulnerable people living in the community but made no direct mention of young carers.

This Act was reinforced by the Carers (Recognition and Services) Act 1995 which introduced the new right of carers to a separate assessment of their own needs. Whilst young carers were included in this Act it was unsatisfactory in that under Scottish law carers under the age of 16 were not legally entitled to receive an assessment.

In 1999 a substantial step forward for carers was made with the launch of a UK strategy 'Caring for Carers'. This highlighted the difficulties of young carers and identified four key action steps:

- improved awareness training for GPs, primary health care teams, social workers and teachers;
- input on young carers in 'Personal and Social Education' classes in schools;
- each school to consider having a designated link person to liaise with social work, health and young carers services;
- increased community support, including sustaining and enhancing young carers' services and counselling services.

#### Scottish Level

There are a number of pieces of legislation that can be referred to as a basis for assessing and supporting young carers in Scotland: The Children (Scotland) Act 1995 provides for local authorities to assess a child when requested to do so by the child's parents. The guidance issued to local authorities on this Act stated that it was good practice for local authorities to consider any request for help made by the child directly and suggested that care managers could encourage the parent or guardian to request an assessment.

In addition guidance issued by the Scottish Office stated that carers under the age of 16 may be assessed by local authorities under general powers of the Social Work (Scotland) Act 1968 to promote social welfare. The Chronically Sick and Disabled Persons Act 1970 also has provisions that allow local authorities to assess young carers.

In 1999 the Scottish Executive published a 'Strategy for Carers in Scotland' which had five main aims:

- To improve the information available on help and support to carers
- To add to, and improve, the local services that help carers to cope
- To introduce new laws that will help carers
- To make sure there are consistent national standards for the kind of short breaks carers need
- To check that carers are getting the help they need

## Appendix 1

The Strategy recognised that young carers are a particularly disadvantaged group with specific needs. A number of recommendations were made including:

- Introducing legislation that will remove any ambiguity and enable young carers under 16 to have a direct assessment of their needs.
- Directing local authorities to pay particular attention to young carer services when planning to spend the additional resources allocated for carer support
- Conducting research into the support currently available to young carers and what guidance is needed for professionals in health, education and social care.
- Ensuring that the Scottish Household Survey collects information on young carers allowing better estimates of numbers and circumstances to be obtained for planning purposes.
- Encouraging Directors of Education to recognise the vital role schools play in a young carers life by ensuring all appropriate staff are aware of young carer needs and developing support mechanisms.

The Carers Legislation Working Group was established by the Executive to draw up proposals for new legislation. The Group's report stressed the importance of supporting young carers in ways that reinforce family relationships as far as is possible and appropriate. In particular it recommended that the law be changed if necessary so that all young carers are entitled to have their support requirements assessed in the same way as adult carers. This recommendation has now become law through the passage of the Community Care and Health (Scotland) Act 2002 which contained a provision to this effect.

The Standards in Schools etc (Scotland) Act 2000 makes a significant reference to the educational needs of young carers. Prior to the new Act, education authorities were able to make special arrangements for pupils to be educated somewhere else other than at a school. Section 40 of the new Act replaces the old provision and now provides that education authorities require to make other arrangements in certain circumstances.

### **Glasgow Level**

The Glasgow Children's Services Plan makes reference to young carers as children who are affected by disability. This may be a disability or chronic illness of a member of their family and involve the affected child in care duties that are disruptive to their education and development. The Joint Carers Strategy for Glasgow addresses the needs of adult carers but also refers to the needs of young carers. It recommends the development of a separate strategy for young carers due to the specific circumstances and needs of young carers which requires a distinct approach. The development of carer services within community care will have a positive effect on young carer

## Appendix 2

### RESOURCES/CONTACTS Carer Centres/Projects

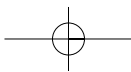
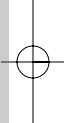
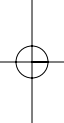
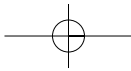
Project Name	Address	Contact Person	Tel. No.	Fax No.	E.mail
Glasgow North West Carers Project	Killearn Resource Centre 29 Shakespeare Street Maryhill Glasgow G20 8TH	Viv Paterson	0141-946-5612	0141-945-4532	viv.paterson@ sw.glasgow.gov.uk
Glasgow North East Carers Development Unit	Easterhouse Congregational Church Tronda Place Easterhouse Glasgow G34 9XX	Irene Court	0141-781-0728	0141-781-0123	ecdu@ hotmail.com
Glasgow North Carers Support Team	Social Work Services 94 Red Road Springburn Glasgow G21 4PH	Tilly Scullion	0141-558-6296	0141-558-0310	tilly.scullion@ sw.glasgow.gov.uk
Princess Royal Trust Glasgow Eastend Community Carers Ltd	1061/1063 Tollcross Road Tollcross Glasgow G32 8UX	Helen Hassett	0141-764-0550	0141-764-0012	centre@ eastend.carers.net
Princess Royal Trust West Glasgow Carers Centre	1561 Great Western Road Anniesland Glasgow G13 1HN	Pat Moran	0141-959-9871	0141-950-1144	wcarerscentre@ glasgow39.fsnet. co.uk
Princess Royal Trust Glasgow South Community Carers	656 Cathcart Road Cathcart Glasgow G42	Julie Young	0141-423-0728	0141-423-5361	centre@ dixon.carers.net
Glasgow South East Carers Network	Fair Deal – 1 in a 100 6 Ardencraig Street Castlemilk Glasgow G45 0ER	Diane Noctor	0141-533-2013/ 4	0141-533-2013	GSECarers@ aol.com
Princess Royal Trust Greater Pollok Carers Centre	130 Langton Road Pollok Glasgow G53 5DP	Claire Cairns	0141-882-4712	0141-882-6876	pollok@carers.net
Glasgow South West Carers Project	Unit 6 6 Harmony Row Glasgow	Louise McNeill	0141-440-5316		

## Appendix 2

### OTHER SERVICES Carer Organisations

Service/Organisation	Address	Contact Person	Tel. No.	Fax No.	E.mail
Riverside Young Carers and Young Carers Project South Side	Glasgow Association for Mental Health Block 5 Floor E Templeton Business Centre 62 Queens Crescent Glasgow G40 1DA	Rena Ali	0141-550-8822		
Young Carers Education and Development Project	C/o West of Scotland Carers Forum 11 Queens Crescent Glasgow G4 9AS	Ellie Craig	0141-353-1133		ellie@wscf.info
West of Scotland Carers Forum	11 Queens Crescent Glasgow G4 9BL	David Bogie	0141-353-2726	0141-353-2717	david@wscf.info
Princess Royal Trust for Carers	1st Floor 215 West Campbell Street Glasgow G2 4TT	Colin Williams	0141-221-5066	0141-221-4623	infoscotland@carers.org
Carers Scotland	3rd Floor 91 Mitchell Glasgow G1 3LN	Angela O'Hagan	0141-221-9141	0141-221-9140	info@carerscotland.org

# Action Schedule



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## Identifying Young Carers and Assessing Their Needs

OBJECTIVES AND ACTIONS	RESPONSIBILITY	TIMESCALES
<p><b>Objective 1</b>  <b>Ensure that young carers are identified and their needs acknowledged</b></p> <p><b>Actions</b></p> <ul style="list-style-type: none"> <li>● Through generic carers awareness training to staff (SWS, Health and Education) preferably on a joint basis in order to increase awareness of young carers and to promote good practice.</li> <li>● Ensure SWS assessment procedures take account of the needs of young carers</li> </ul>	<p>Joint Training Group</p> <p>Social Work Services</p>	<p>Programme underway</p> <p>Ongoing</p>
<p><b>Objective 2</b>  <b>Encourage young carers to identify themselves as such and request support</b></p> <p><b>Actions</b></p> <ul style="list-style-type: none"> <li>● Create awareness and understanding amongst young people who are potential carers through the production and distribution of information.</li> <li>● Ensure that young carers are aware of the role and support available from carer centres/ projects and Youth Services.</li> </ul>	<p>Carers Information Strategy Group</p> <p>Carer Centres/ Projects</p>	<p>Ongoing</p> <p>Ongoing</p>
<p><b>Objective 3</b>  <b>Raise public awareness of the needs of young carers</b></p> <p><b>Actions</b></p> <ul style="list-style-type: none"> <li>● The Education and Development Project in partnership with other agencies will work with young people and staff to raise awareness of young carers.</li> <li>● The West of Scotland Carers Forum will support the Glasgow Young Carers Network and raise the profile of young carers within its work with carers.</li> <li>● The Carer Centres/Projects will develop local initiatives to create awareness of young carers.</li> <li>● The Princess Royal Trust for Carers will continue to support the development of the national young carers network and the Scottish Young Carers Alliance.</li> <li>● The Carers Information Group will ensure the production and distribution of information relating to young carers</li> </ul>	<p>Education and Development Project</p> <p>West of Scotland Carers Forum</p> <p>Centres/Projects</p> <p>PRTC</p> <p>Carers Information</p>	<p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p>

## Identifying Young Carers and Assessing Their Needs

OBJECTIVES AND ACTIONS	RESPONSIBILITY	TIMESCALES
<p><b>Objective 4</b>  <b>Ensure that all services are accessible to minority ethnic young carers.</b></p> <p><b>Actions</b></p> <ul style="list-style-type: none"> <li>● Ensure that the minority ethnic development workers take account of young carers.</li> <li>● Ensure that the Glasgow Anti Racist Alliance's work with young people takes account of young carers.</li> </ul>	<p>Social Work Services</p> <p>YCSG GARA</p>	<p>Ongoing</p> <p>Ongoing</p>

## Promoting Educational Attainment

OBJECTIVES AND ACTIONS	RESPONSIBILITY	TIMESCALES
<p><b>Objective 1</b>  <b>Ensure that all staff are aware of the needs of young carers and siblings and are able to provide support and refer to external supports as required.</b></p> <p><b>Actions</b></p> <ul style="list-style-type: none"> <li>● Schools and carer centres/projects to develop an active dialogue and linkages to assist in the identification of and practical support for young carers.</li> <li>● Regular updates of information on young carers to be issued to all schools and Youth Services particularly advice on any new area developments.</li> <li>● Further school staff development sessions to be offered and delivered by local carer centres/projects in order to raise young carer awareness and build active local linkages between Centres/Projects, schools, Youth Services and other partners. This activity will be facilitated by the city wide development officer.</li> <li>● Develop and deliver multi-agency in service sessions to promote young carer awareness and good joint working practices.</li> </ul>	<p>Education Services  Care Centres/  Projects</p> <p>Education Services  Education and  Development Project</p> <p>Carer Centres/  Projects Education  Services</p> <p>Joint Training Group</p>	<p>Ongoing</p> <p>Ongoing</p> <p>Commenced  September  2002</p> <p>Commenced  March 2002</p>
<p><b>Objective 2</b>  <b>Promote support strategies that will facilitate educational attainment and achievement</b></p> <p><b>Actions</b></p> <ul style="list-style-type: none"> <li>● Encourage schools to highlight the issues of young carers during Personal and Social Development sessions using resources and approaches such as Circle Time.</li> <li>● Encourage young carers to identify themselves.</li> <li>● Support the development of positive peer relationships.</li> <li>● Attendance of identified young carers will be closely monitored by schools for the purpose of securing appropriate support services.</li> </ul>	<p>Education Services</p> <p>Education Services</p> <p>Education Services</p> <p>Education Services</p>	<p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p>



## Encouraging Good Physical and Mental Health

OBJECTIVES AND ACTIONS	RESPONSIBILITY	TIMESCALES
<p><b>Objective 1</b>  <b>Raise awareness of the needs of young carers throughout Primary Care and School Health Service</b></p> <p><b>Actions</b></p> <ul style="list-style-type: none"> <li>● Through distribution of Greater Glasgow NHS Board Youth Study findings on young carers.</li> <li>● Through presentations at Primary Care Trust/ Yorkhill Trust and at locality level (for instance school health team meetings).</li> </ul>	<p>NHSGGB</p> <p>NHSGGB</p>	<p>Dec 2002</p> <p>Ongoing</p>
<p><b>Objective 2</b>  <b>Provide clear and accessible information and guidance for primary care and school health practitioners regarding local and city wide support for young carers</b></p> <p><b>Actions</b></p> <ul style="list-style-type: none"> <li>● Develop and distribute a summary laminated sheet for GP surgeries/School Nurse drop-ins and other key points.</li> </ul>	<p>NHSGGB</p>	<p>Dec 2002</p>
<p><b>Objective 3</b>  <b>Ensure that the needs of young carers are addressed within all new initiatives aimed at supporting young people.</b></p> <p><b>Actions</b></p> <ul style="list-style-type: none"> <li>● Key officers/managers to ensure that young carers are part of the agenda for initiatives such as:            New Community Schools            Youth Health Priority LHCC Projects            Patch based Child Health pilot areas            Future, re-invigorated school health service            Mental Health Promotion pilot projects (particularly the project addressing young carers needs in the black and minority ethnic community).</li> </ul>	<p>NHSGGB            PCT            SWS</p>	<p>Ongoing</p>

## Encouraging Good Physical and Mental Health

OBJECTIVES AND ACTIONS	RESPONSIBILITY	TIMESCALES
<p><b>Objective 4</b> To enable young carers to understand the medical condition of those who need care within their family.</p> <p><b>Actions</b></p> <ul style="list-style-type: none"> <li>● Provide opportunities for one to one discussions with medical practitioners.</li> <li>● Provide electronic (web-site) information and support.</li> </ul>	<p>NHSGGB</p> <p>NHSGGB</p>	<p>Ongoing</p> <p>May 2003</p>
<p><b>Objective 5</b> To support the Carers Centres/Projects in providing support to young carers.</p> <p><b>Action</b></p> <ul style="list-style-type: none"> <li>● Support the joint funded post of Education and Development Officer within West of Scotland Carers Forum.</li> <li>● Allocate £70,000 from the GGNHSB Child Health budget to the core budget of the Centres/Projects and to the Education and Development Project.</li> </ul>	<p>NHSGGB</p> <p>NHSGGB</p>	<p>Ongoing</p> <p>Ongoing</p>

## Developing Support Services for Young Carers

OBJECTIVES AND ACTIONS	RESPONSIBILITY	TIMESCALES
<p><b>Objective 1</b>  <b>Develop the work of the carer centres/  projects with young people</b></p> <p><b>Actions</b></p> <ul style="list-style-type: none"> <li>● Operational plans to be drawn up by each centre/project outlining the development of young carers services in their area.</li> </ul>	<p>Carer Centres/  Projects  Social Work  Services</p>	<p>Dec 2002</p>

## Allowing Choice and Control for Young Carers

OBJECTIVES AND ACTIONS	RESPONSIBILITY	TIMESCALES
<p><b>Objective 1</b>  <b>Support the involvement of young carers in assessment and reviews for the cared for person.</b></p> <p><b>Actions</b></p> <ul style="list-style-type: none"> <li>● Ensure that the views of young carers are taken into account. Participation in the assessment process will be encouraged through the provision of appropriate information.</li> <li>● Consider the development of an advocacy service for young carers.</li> <li>● Ensure young carers have a choice in the extent of their caring role by providing adequate levels of support to the cared for person.</li> </ul>	<p>SWS</p> <p>Joint</p> <p>Joint</p>	<p>Ongoing</p> <p>April 2003</p> <p>Ongoing</p>
<p><b>Objective 2</b>  <b>Ensure that young carers are able to access appropriate support</b></p> <p><b>Actions</b></p> <ul style="list-style-type: none"> <li>● Generate a greater awareness of young carers amongst social work staff conducting assessments and reviews. This will be implemented as part of the carer awareness training programme.</li> <li>● Ensure that the needs of young carers are addressed as part of the assessment and review process.</li> <li>● Ensure that young carers are offered an assessment in their own right (i.e. a carer assessment and that they are able to negotiate an appropriate level of caring responsibility.</li> <li>● The Carer Information Group to ensure the delivery of information of value to young carers in understanding their situation and accessing support.</li> </ul>	<p>SWS</p> <p>SWS</p> <p>SWS</p> <p>Care Information Group</p>	<p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p>

## Allowing Choice and Control for Young Carers

OBJECTIVES AND ACTIONS	RESPONSIBILITY	TIMESCALES
<p><b>Objective 3</b>  <b>Create opportunities for young carers to be involved in the development and evaluation of services.</b></p> <p><b>Actions</b></p> <ul style="list-style-type: none"> <li>● Support the development of the Glasgow Young Carers Network.</li> <li>● All carer projects to obtain the views of young carers in evaluating and developing the service.</li> <li>● Consider the appropriate involvement of young carers in staff training and awareness raising programmes.</li> </ul>	<p>Education and Development project</p> <p>Young Carer Projects</p> <p>Joint Training Group</p>	<p>Ongoing</p> <p>December 2002</p> <p>September 2003</p>

## Implementing the Strategy: Monitoring and Evaluation

OBJECTIVES AND ACTIONS	RESPONSIBILITY	TIMESCALES
<p><b>Objective 1</b> <b>Measure the implementation of strategy actions.</b></p> <p><b>Actions</b></p> <ul style="list-style-type: none"> <li>● Conduct a formal annual review of the strategy action schedule. This will form part of the annual review process for the Children's Services Plan and the Joint Community Care Plan.</li> <li>● Agencies will record wherever possible the numbers of young carers being offered support, the range of services accessed by young carers and any gaps in provision.</li> </ul>	<p>Joint</p> <p>Joint</p>	<p>Annual Commencing 2002</p> <p>December 2002</p>
<p><b>Objective 2</b> <b>Evaluate the impact of the strategy in meeting the needs of young carers and their families.</b></p> <p><b>Actions</b></p> <ul style="list-style-type: none"> <li>● Views will be requested from the Glasgow Young Carers Network and other service user groups as to whether the strategy has had a positive effect.</li> </ul>	<p>Joint</p>	<p>December 2002</p>

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