

**SOCIALW(人)RK**  
**SERVICES**

INCLUSIVE • SUPPORTIVE • PROTECTIVE

**INTENSIVE  
SERVICES  
AND  
YOUTH  
JUSTICE**

**SERVICE GUIDE**



# FUNCTIONAL FAMILY THERAPY [FFT]

Functional Family Therapy (FFT) is a short-term, highly evidenced based systemic intervention designed to last between 12 to 20 weeks. FFT is a strength-based model which aims to bring about change within the family by reducing blame and negativity, giving families new ways of problem solving and communicating. This approach has been shown to lead to a reduction in risk taking behaviours in young people. It is also intended to support young people to remain within their families rather than entering out of home placements.

The intervention consists of five major components in addition to pre-treatment activities: Engagement in change; Motivation to change; Relational/Interpersonal Assessment and planning for Behaviour change; Behaviour Change; and Generalisation across behavioural domains and multiple systems. FFT offers specific and individualised interventions for the unique challenges, diverse qualities and strengths of all families and family members.

FFT Team Leader

**Pamela McDade**

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FFT is aimed at those between the ages of 11-16 who do not have a significant learning disability, suffer from an autistic spectrum disorder or display sexually harmful behaviours. Referrals can be made by the allocated social worker by phoning the FFT Team Leader or Duty Worker to discuss.





ISMS is a multi-agency intervention for young people who are at serious risk of being placed in secure accommodation. Young people on an ISMS order will follow an intensive weekly plan of up to 50 hours per week, including evening and weekend contacts, and may also be made subject to a Movement Restriction Condition (electronic tag).

Each young person's plan is tailored to address their individual needs and support can be provided by Social Work, Includem, Youth Addictions, Education, FCAMHs, Voluntary Agencies and others.

For initial enquiries contact an ISMS Team Leader (contact details below). If the referral proceeds the young person will be discussed at the Secure Screening Group to ensure that the secure care criteria are met.

If the Secure Screening Group recommends an ISMS assessment the case will then be referred back to the ISMS team who will arrange the first assessment meeting.

## INTENSIVE SUPPORT AND MONITORING SERVICE [ISMS]

ISMS Team Leader  
**Andrew Forrester**  
136 Stanley Street  
Kinning Park  
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[Andrew.Forrester@glasgow.gov.uk](mailto:Andrew.Forrester@glasgow.gov.uk)

# ISMS ALTERNATIVE TO REMAND [ISMS ATR]

For more information please contact:

ISMS ATR Team Leader  
**Richard Gillespie**  
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Kinning Park  
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0141 276 3850

[Richard.Gillespie@glasgow.gov.uk](mailto:Richard.Gillespie@glasgow.gov.uk)

The ISMS ATR service aims to tackle the significant number of young people remanded to secure accommodation by providing a direct alternative to custody. The service works with young people aged under 18 for whom the Procurator Fiscal is opposing Bail and ATR staff work between the ISMS base and the Court.

An initial screening assessment provides an early indication of suitability for the service. Should Bail with a condition of ISMS be imposed a multi-agency assessment will take place within 2 working days and a service package put in place.

The service offered to each young person is tailored to their individual needs and risks and comprises all of the main partners involved in ISMS.



# THE YOUNG WOMEN'S CENTRE [YWC]

YWC Team Leader  
**Liz Pinkett**  
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YWC Team Leader  
**Lorna Traynor**  
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The Young Women's Centre is a multi-agency evidence-based centre providing support to young women aged under 18 who present with high levels of risk and vulnerability in the community and are at risk of being accommodated, placed in secure care or are escalating through the judicial system.

A small number of multi-agency staff work in a collaborative way to meet girls needs in one location providing female specific support through a range of specialist interventions. Onsite education support is also available for those highest risk young women with an assessed need.

Young women requiring an enhanced package of support including the on-site education base must be referred via the Secure Screening Group.

Initial telephone calls to the Young Women's Centre are welcomed to discuss a young person's suitability.

The Outdoor Resource Centre is a community based outdoor education provider within Social Work Services. The ORC use a range of adventurous activities such as rock climbing, mountain biking and kayaking to generate learning experiences for young people.

These learning experiences provide a range of positive outcomes from improved decision making and problem solving skills to supporting the learning curriculum of the young people. In addition, the ORC provides recreational outdoor programmes to young people who are looked after and accommodated designed to encourage a positive use of leisure time.

## OUTDOOR RESOURCE CENTRE [ORC]

For more information on the ORC please contact the Project Manager:

ORC Project Manager

**Dougie Shannon**

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Glasgow

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[Dougie.Shannon@glasgow.gov.uk](mailto:Dougie.Shannon@glasgow.gov.uk)



The aim of the Court Support Service is to support young people aged under 18 and charged with an offence to fully understand and engage with the Court process and to provide them with the advice and information that they need to do so appropriately.

The Court Support Worker will liaise between Youth Justice, Criminal Justice and the Court Social Work Team as appropriate and advocate on the young person's behalf, providing signposting to other services as required. The Court Support Worker will also endeavour to provide support to those young people due to attend Court in the future.

## COURT SUPPORT SERVICE [CSS]

CSS Team Leader

**Andrew Forrester**

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# YOUTH DIVERSION FROM PROSECUTION SERVICE [DFP]

Youth Diversion from Prosecution

**Francine O'Rourke**

Community Justice

Community Safety Glasgow

Eastgate

727 London Road

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The Youth Diversion from Prosecution Service is responsible for assessing all young people who are being considered for diversion by the Procurator Fiscal.

Young people referred to the service will be screened by the Diversion Coordinator then, if suitable, referred to the Diversion Programme to be delivered by GCSS Intervention Workers. A small number of young people with more complex needs will receive individual support to be delivered by the Diversion Coordinator.

The Youth Diversion from Prosecution Service aims to reduce the number of 16 and 17 year-olds being prosecuted, address the problems and difficulties experienced by young people and reduce the risk of reoffending. Intervention in this way keeps young people away from the formal criminal justice process and gives them the opportunity to make positive changes at a crucial time in their lives.

All referrals to the Youth Diversion from Prosecution Service will be made directly by the Procurator Fiscal.

# SUPPORTING TRANSITIONS AND REINTEGRATION SERVICE [STARS]

STARS Team Leader

**Andrew Forrester**

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The Supporting Transitions and Reintegration Service (STARS) supports young people in their transition from custody to the community by helping them to engage with services that can meet their needs in the long term, thereby reducing offending and the time spent in custody in the future. The service, which aims to work primarily with young men on remand or on short term sentences, works by providing a multi-agency assessment and a multi-agency support package for 3 months designed to identify and meet individual needs.

While working predominantly in the community the STARS Team will also work with young people directly within Polmont Young Offenders Institution in order to engage them in the programme and plan for release.

Most young men aged under 18 and leaving Polmont are eligible for an assessment from STARS (young women making the transition from custody to the community will be offered support from the Young Women's Centre).



To find out more about Intensive Services and Youth Justice please visit the Youth Justice section of the Glasgow website:

[WWW.GLASGOW.GOV.UK](http://WWW.GLASGOW.GOV.UK)

If you have any comments, questions or concerns about this Service Guide please contact us:

Youth Justice Research and Development

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Images provided by [www.careimages.com](http://www.careimages.com)

