Welcome

Our December newsletter continues to focus on keeping you up to date with some of the work that is going on across the Glasgow City Health and Social Care Partnership. This edition looks at how we are listening to service users/patients, carers and young people with our consultation on Glasgow’s Dementia Strategy, Carers Partnership Work and Specialist Children’s Services. It also provides details of the Integrated Care Fund and some of the important and innovative work it is supporting.
Our Integration Scheme has now been approved by the Council at Executive Committee and the NHS Greater Glasgow & Clyde (NHSGGC) Board. Next, it will be submitted to the Scottish Government to be laid in Parliament in early January, so we fully expect to be established as an Integrated Joint Board in February 2016. Thanks very much to all of you for all the work you’ve done to get our partnership to where we are today.

However, while it’s great news that we’re making progress on these vital structural issues, as I have consistently stated, integration is not about a structural shifting of the deckchairs, it’s about transformational change about the way we deliver health and social care. Our number one priority for the Glasgow City Health and Social Care Partnership over the years to come is to improve the health and wellbeing of the city’s population, and to reduce health and social care inequalities. I am confident that we’re making good progress on this already, and you can see some great examples of how we’re working together to make this happen throughout this newsletter.

One example I’d like to highlight is all the hard work staff and partners have been doing to get ready for winter. This involves building our resilience and ensuring we have extra capacity to cope with the extra demands on our services over the coming months. I’d like to thank everyone involved for all their work on pulling our winter plan together, and to the teams of people across the partnership who will be responsible for delivering it.

You may have seen in the media that the Scottish Government’s Cabinet Secretary for Health has also recognised all the work you’ve done to improved delayed hospital discharges in the lead up to winter. This is further recognition for the planning and hard work that you and your teams have been part of over the last 12 months. You can read more about all of this in our winter bulletin (link). Well done and thanks again.

2016 will be a big year for us. The year we formally become a Partnership brings huge opportunities for us. But as we’ll all be aware, it will also be an extremely financially challenging year. Both the Council and NHSGCC will have to deliver ambitious transformation
Chief Officer’s Message

programmes, which will achieve tens of millions of pounds worth of savings over the next two years.

The Glasgow City Health and Social Care Partnership will not be immune from this. I’m clear about the scale of this challenge, and I know from speaking to many of you, that you’re very conscious of it in your day to day roles too – about how you can manage your competing priorities within very limited resources. I have no doubt there will be difficulties and challenges ahead. But I’m also greatly encouraged by the excellent examples of partnership working to maximise the outcomes from our limited resources that I’ve seen across the city since I took up post earlier this year. There will be plenty of further opportunity to hear more about the challenges and proposed changes and to be involved in the development and delivery of these over the forthcoming weeks and months.

Finally, since this is our last newsletter of 2015, I’d like to take this opportunity to wish all staff and partners the very best for the season ahead, especially to those of you who will be working through the holiday period to ensure that everyone who depends on our services receives the care and support that they need.
NHS Greater Glasgow and Clyde, Alzheimer Scotland and Glasgow City Council’s Carers’ Service are working together to provide a Dementia Post Diagnosis Support Service (PDS) in the Glasgow City Health and Social Care Partnership, offering support for anyone with a new diagnosis of dementia.

The service provides:
• a named link worker to support the person with dementia and their carers for at least a year
• tailored help to navigate and access the services you need when you need them
• support for carers from Glasgow City Council's Carers' Service and
• trained link workers and support to work on an individualised personal plan.

How to access the service
If you have a new diagnosis of dementia, the Post Diagnosis Support Service can be accessed through your GP or your Consultant Psychiatrist.

Around 1,600 people have had contact with the PDS service in Glasgow City since services began in 2014, and comments received from service users have been positive:

“Gives us both a good idea of what’s available and what exists in the community to help.”

“The link workers always ask how I am and if I’m still coping with things.”

“The link worker...knows my aunt and can help to identify what she needs.”
The Vision: Glasgow to be a fully inclusive Dementia Friendly city.

Glasgow City Health and Social Care Partnership is working with Alzheimer Scotland to develop a Dementia Strategy for the city, which will be published in early 2016. The strategy will provide a framework to support high quality dementia services, help create a ‘Dementia Friendly Glasgow’ and ensure that Glasgow City is a good place to live for people with dementia and their carers.

The key aims of a ‘Dementia Friendly Glasgow’ are:

- to ensure everyone is aware of and understands about dementia and its impact on people’s lives
- to ensure that those living with dementia and their carers are able to fully participate in their community
- to ensure those living with dementia have choice and control over their lives
- to develop a broad and holistic response to support in the wider community
- to have a more coordinated approach to existing activities and initiatives and
- to ensure people living with dementia and their carers have access to quality services post diagnosis with diagnosis being the gateway to support.

LAST CHANCE TO HAVE YOUR SAY

Please make sure you comment before 31 December 2015.
View the consultation document here.
Fill in our questionnaire www.surveymonkey.com/r/Glasgowdem.
For more information visit the webpage here.
If you would like to provide further information please email it to glasgowdem@gmail.com.
Glasgow City Carers Partnership Evaluation

Glasgow City Carers Partnership launched in December 2011 and is regarded as a model of good practice in carers support services. The partnership has established a universal offer of assessment to carers through the carer information telephone line, carers booklet and the self-assessment/referral form.

The partnership brings together Glasgow City Council, the previous Glasgow City CHP (now part of Glasgow City Health and Social Care Partnership), Acute Division of NHS Greater Glasgow and Clyde, the network of voluntary sector carers centres and condition-specific organisations who have worked together to develop a ‘one-stop shop’ approach for carers to access support services.

The aim is to develop a more cohesive partnership approach across the city that avoids duplication and maximises the use of available resources and expertise with equity of provision.

An evaluation was undertaken to consider how well the partnership has succeeded in its stated aim to deliver good outcomes for increasing the number of carers through better joined up service provision through the single point of access. The report can be found by clicking here.

**Key Findings**

The evaluation provides evidence that the partnership approach has led to good outcomes for increasing the numbers of carers. There were 6,072 new carers identified since 2011, representing a 424% increase at March 2015. Of these new carers, 70% were...
at an early stage in their caring role while 30% were in crisis or emergency situations.

Previously carers became known to services in the main when they were in crisis. The aim of the early intervention is to prevent crisis in caring at a later stage and shift this balance moving forward.

Evidence routinely gathered by services highlighted the following outcomes:

- 76% said the support improved their ability to care
- 81% said the support improved the quality of life for cared for and
- 76% said the support improved their quality of life.

An emphasis on preventative action and early intervention should continue to be the default position. As is the intention of reducing carer crisis in future years by building carer capacity to support self-management and care with increasing confidence and with good health and wellbeing. A diagnosis should be a key access point to information for the patient and the carer.

The evaluation report was welcomed at the Glasgow City Health and Social Care Partnership’s Shadow Integration Joint Board (SIJB) on 1 December.

**Alcohol and Drugs Recovery Service Update**

The Community Addiction Team (CAT) review was completed earlier this year and work is progressing well to make the changes required. It has been agreed that the CATs would be rebranded and will be called ‘Alcohol and Drugs Recovery Services’.

The work is being split into four workstreams, which were identified as requiring change during the review.

**Eligibility**

We are making changes to criteria to ensure individuals entering the service are appropriate for the services provided.

**Access Teams**

New multi-disciplinary teams will be formed to ensure that individuals can receive the most appropriate care swiftly.

**Shared Care**

We are looking to create new teams working solely with the GP Substitute Prescribing Shared Care scheme. This will standardise care across the city and ensure an equality of service.

**Recovery**

We are working with staff and partners to ensure that the service has a true recovery focus at all stages in an individual’s recovery journey.

Work is in progress for all the workstreams with supporting project plans and risk registers in development. For more information please contact:

Alaina.Davies@glasgow.gov.uk - North West Locality
Julie.McCrae@sw.glasgow.gov.uk - North East Locality
Jackie.Lunny@ggc.scot.nhs.uk - South Locality
Power of Attorney Campaign Urges you to Protect Yourself

Glasgow City Health and Social Care Partnership has been joined by all councils in the NHS Greater Glasgow and Clyde area in encouraging local residents to put a Power of Attorney (PoA) in place to ensure they can leave hospital when medically fit.

Since the PoA Campaign started at the end of 2013, nearly 7,000 Glasgow residents have taken this important step to safeguard their future. In that time, the website www.mypowerofattorney.org.uk has attracted over 36,000 visitors.

Initially run by NHS Greater Glasgow and Clyde and Glasgow City Council, the message has now spread across the Health Board area as well as further afield with Lanarkshire, Tayside and Argyll and Bute all joining the campaign and boosting awareness in their own areas.

The campaign aims to encourage people to talk to their loved ones about establishing a PoA. This allows a designated person to step in and make the right decisions in the event of someone falling ill and being unable to make their own decisions.

Unfortunately, there are still large numbers of people entering hospital unable to make decisions for themselves who haven’t appointed someone to act as their attorney. This can lead to a delay in people being able to leave hospital when their medical treatment is complete.
Jill Carson, Adult Services Manager, Glasgow City Health and Social Care Partnership, said: "It's great to see more people realising the importance of taking this step to protect themselves in the event of serious illness or accident.

“When you are the attorney for someone, it means you can make decisions about their welfare and their medical treatment as well as manage their financial affairs. We want everyone in Glasgow to make plans for their future by choosing someone to be their attorney.

“Many people still don’t realise that their next of kin can’t act for them if they become unable to make their own decisions due to accident or illnesses such as stroke or dementia.

“Having a PoA in place can make a real difference by ensuring that loved ones' wishes are carried out quickly without prolonged legal negotiations. Otherwise people can be in hospital for longer than they need to be and this can contribute to a loss of independence.

“Our new advert, shown from 1 December, is aimed at everyone in Glasgow who has yet to protect themselves by granting powers.”

The PoA campaign is on Facebook www.facebook.com/starttalkingpoa and Twitter @StartTalkingPoA.
Glasgow City Health and Social Care Partnership staff won the Chairman’s Gold Award for ‘Using Resources Better’ at NHS Greater Glasgow and Clyde’s annual Celebrating Success event on 16 November.

The award was specifically for staff who have increased efficiencies in the way they work or deliver services more effectively. The winner was Recovery Housing, an innovative partnership approach providing high quality recovery-orientated housing opportunities designed to sustain personal recovery and community reintegration. John McCann, NHS Recovery Coordinator (South), Carole Meakin (NHS Greater Glasgow and Clyde Business Analyst), John Goldie (Head of Addictions (South)), and Ross Cameron from the Radisson accepted the award for the Recovery Housing Partnership, from Andrew Robertson, former Chairman NHS Greater Glasgow & Clyde, and Ross Cameron from the Radisson.

The Celebrating Success event also recognised those teams and individuals who merited the recognition of peers in our local Facing The Future Together awards. The winner for Glasgow City CHP, now part of Glasgow City Health and Social Care Partnership, was Calum McLeod, Head of Mental Health (South Locality). Calum won for his investment in staff on the Leverndale Hospital site by providing further learning/professional development opportunities via a protected/tailored training area.
New Shields Health and Care Centre Picks up Prestigious Awards

“It’s a shining example of a modern, fit for purpose building that truly enhances the local area”

David Walker, Head of Locality (South).

The Shields Health and Care Centre brings together primary care, community and social work services and is an excellent example of joint working between NHS Greater Glasgow and Clyde, Glasgow City Council Social Work Services and other key partners.

The project has been delivered by hub West Scotland, an organisation working with Health Boards across the West of Scotland to deliver capital projects.

The heart of the £2.7 million Centre is the public reception where visitors are welcomed into a light, bright atrium. The building has disabled access throughout and particular attention has been paid to ensuring that it is as environmentally sustainable as possible.

Glasgow City Health and Social Care Partnership’s Shields Health and Care Centre has racked up a number of awards over the past few months.

In June, it was one of 12 winners of a prestigious architecture award. The centre, in Pollokshields, picked up an RIAS (Royal Incorporation of Architects in Scotland) Andrew Doolan Health Category award for its design.

The judges, all prominent people from the world of architecture, said of the centre: “Combining two medical practices with other social service provision, this building signals its presence with a brick-classical colonnade onto the street, a bold public presence in an urban landscape. The design reflects the warm sandstone of nearby tenements. Privacy to clinical rooms behind the colonnade is provided by intricate Corten steel panels by artist Alex Hamilton.”

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And since then it’s been awarded with:
• Health Facilities Scotland’s Design Excellence Award
• Glasgow Institute of Architects’ Sustainability Award and Healthcare Design Award
• BRICK Awards Architects’ Choice Award and
• Building Better Healthcare Awards’ Best Primary Care Development Award.

David Walker, Head of Locality (South), said: “We’re delighted the Shields Centre has picked up so many prestigious awards. The centre was designed by architects Anderson Bell and Christie and the primary contractor was CBC. It’s a shining example of a modern fit-for-purpose health and care centre that truly enhances its local area.”

Strategic Plan - Have Your Say

The draft Strategic Plan for the Glasgow City Integration Joint Board is currently out for consultation and we are keen that as many people as possible have the opportunity to comment on it.

A full communications plan for the Strategic Plan consultation has been developed, including a series of events held in localities, with specific care groups and other groups of stakeholders. As a partnership we are developing a wider Communications Strategy and Participation and Engagement Strategy which will inform our future approach to communicating with staff, service users, patients, carers and other groups and make clear to people how they can interact with the Integration Joint Board and the Glasgow City Health and Social Care Partnership.

The Integration Joint Board and Chief Officer Designate are committed to listening to the views of the people who use, provide and support health and social care services in Glasgow and our Strategic Plan consultation, Communications Strategy and Participation and Engagement Strategy will help us to do that.

The consultation period runs until 31 December 2015. More information is available by clicking here.
Dr. Linda Pollock, Vice-Chair, Queen’s Nursing Institute Scotland (QNIS), Mari Brannigan, Nurse Director, Glasgow City Health and Social Care Partnership and Lorna Dunipace, Head of Health, North East Locality (also Glasgow City Health and Social Care Partnership), presented Long Service Awards to nursing staff and health care support workers with over 21 years service at the North East Celebrating Success Event on 2 December.

Excellence in Practice Awards were also made to nursing staff who took part in the Band 5 Development Programme.

Jacqui Fordyce, Lead Nurse, North East, said: “Today’s event is about celebrating local endeavours, thanking everyone for a job well done and for the acts of compassion, kindness and quality care that is provided to our patients every day. It is also to celebrate the long service in conjunction with QNIS of a large group of faithful, dedicated community nurses and healthcare assistants.”
X Factor star Nicolas McDonald and Elsa from Disney blockbuster Frozen were just two of the attractions at a massive free event for children, young people and families.

The #Engage event, run by NHS Greater Glasgow and Clyde Specialist Children’s Services (SCS) in partnership with Yorkhill Children’s Charity at the Glasgow Science Centre on 30 November, was a large scale engagement event with a range of exhibitions, games and activities.

Over 2,000 children, young people, families and carers were able to speak with professionals from NHS Greater Glasgow and Clyde, Glasgow City Council Education and Social Work Services, third sector organisations and a host of exhibitors. Nurseries, schools and professionals involved with children and young people also attended, as well as representatives from the government and other health boards.

Other attractions were Police Scotland mounted officers with four of their finest horses, some guide dogs from Blind Children UK and fire fighters giving tours of a fire engine.

SCS cares for a range of children and young people who have mental health issues or life-long/life-limiting health problems.

Stephen McLeod, Head of Specialist Children’s Services, NHS Greater Glasgow and Clyde, said: “We have designed the #Engage event to bring children, young people and their parents/carers together at one large scale event to involve as many
people as possible in the planning of future service improvements.

“It’s important that we listen to young people and learn from them how they feel they can best benefit from our service. The day will give us the opportunity to share a lot of information with young people, but it also promises to be great fun for them.”

The event was a huge success and initial feedback has been extremely positive. NHS Greater Glasgow and Clyde SCS is designing an engagement legacy from #ENGAGE, which will ensure that patient involvement is at the forefront of future service delivery. Discussions are already underway for future events.

Royal Approach to Child and Youth Mental Health

As part of an ongoing consultation around child and youth mental health, Young Scotland in Mind (YSIM) arranged a stakeholder discussion session during the Royal visit by the Duke and Duchess of Cambridge in Dundee on 23 October.

Heather Sloan, Health Improvement Lead (Mental Health) NHS Greater Glasgow and Clyde based within Glasgow City Health and Social Care Partnership, was personally invited to speak at the session with the Duke and Duchess or, as the public know them, William and Kate.

The session was used to explore the current challenges relating to children’s and young people’s mental health; what matters most in relation to care and treatment and why a diverse forum such as Young Scotland in Mind is so important to influencing the future policy agenda relating to children’s and young people’s mental health and wellbeing.

Heather described the Greater Glasgow and Clyde Mental Health Improvement and Early Intervention for Children and Young People Strategy, which generated a lively discussion around self-harm, mental health first aid training and support for families in distress, as well as NHS Greater Glasgow and Clyde’s digital approaches to youth mental health initiative Aye Mind (www.ayemind.com).

Heather said: “The Duke and Duchess were really interested in the work and asked a lot of questions. They were genuinely concerned about the issues and pressures young people face today, and they were keen to hear about the initiatives that are in place to support young people who had adverse childhood experiences and family support initiatives.

“I was glad to have had the opportunity to be part of the small group tasked to raise the profile of child and youth mental health in Scotland and particularly pleased that I was able to showcase Greater Glasgow and Clyde’s Child and Youth Mental Health Strategy.”
Let Glasgow’s Children Flourish

Glasgow really is the caring city: over the last five years, more than 500 new foster carers and adoptive parents have been approved by Glasgow City Council’s Families for Children service. This means hundreds of children have been given the chance to flourish in loving, stable families – but many more of the city’s children need the same support.

Right now, around 1,200 children are looked after by Families for Children foster carers, but there is a real need for more people to come forward. That’s why a new campaign has been launched, taking inspiration from the city’s famous motto, ‘Let Glasgow Flourish.’

Celia Gray, Families for Children Service Manager, said: “The city’s previous fostering and adoption campaigns have been really high profile and supported by people like Billy Connolly and Sir Alex Ferguson. Now we’re hoping this new campaign will get Glasgow residents thinking about how families come in all shapes and sizes.

“These days our family trees have all sorts of buds and branches - family isn’t just about DNA. Across our city, children need families who will help them to flourish. With the right foster carers or adoptive parents these children can get the chance to grow, to flourish and to blossom.”

More information is available by clicking here.
A suite of health and wellbeing reports was launched in Trades Hall, Glasgow in December.

As part of the overall NHS Greater Glasgow and Clyde (NHSGGC) Health and Wellbeing Survey, the reports - the Glasgow City Health & Wellbeing Survey, three Sector reports and one Thriving Places report – look at a number of factors of the health and wellbeing of Glasgow City’s residents.

More than 90 people from health, community planning partners, the voluntary sector and academia attended the event and speakers included Professor Sir Harry Burns (Professor of Global Public Health, University of Strathclyde) and Dr Emilia Crighton (Director of Public Health, NHS Greater Glasgow and Clyde).

Emilia said: “These reports present the finding of a major survey of households that the NHS carries out every three years, and in Glasgow more than 4,300 adults (aged 16+) took part.

“The survey asks about all aspects of life: from isolation and belonging, lifestyle, income and costs, experiences of discrimination and perceptions of safety, all the way through to the quality of local services.”

Fiona Moss, Head of Health Improvement, Glasgow City Health and Social Care Partnership, said: “The survey shows many positive changes have happened over the past few years. For instance, more people feel positively about their health, they have

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more qualifications and are happier about the adequacy of their income. For lifestyle, more people are drinking within safe alcohol limits and there are fewer people smoking and being exposed to other people’s smoke.

“However, it’s not all good news. More people gave height and weights that indicate they are overweight or obese. Indeed the increase in the reporting of obesity in the last three years is concerning.”

The survey also asked about the impact of welfare reform, and 12% of people taking part said they had already been affected by it, the majority negatively.

Other speakers included:
• from Glasgow City Health and Social Care Partnership - Fiona Moss (Head of Health Improvement), Trevor Lakey (Health Improvement and Inequalities Manager) and Nichola Brown (Health Improvement Manager)
• Heather Jarvie (Programme Manager, Public Health, NHS Greater Glasgow and Clyde)
• Lorna Kelly (Associate Director, Glasgow Centre for Population Health)

Working in Local Communities

The Priesthill and Househillwood community helped to plan the future of their area by taking part in a community charrette recently.

The charrette – an intense period of planning – aimed to build the social infrastructure of the community, helping them establish community-led action groups and pull together an action plan for the sustainable growth of Priesthill and Househillwood.

The theme for the charrette was ‘A Wish for Your Community’ and participants took part in arts-led workshops and placed their wishes on Christmas trees.

Ann Duffy, Health Improvement South, one of the organisers of the event said: “The aim of the charrette was to empower and build capacity within the community to enable them to identify the needs within their own community and take action to tackle these issues by working in partnership with each other.

“This will hopefully improve local access to health and social care services, better coordinate existing services and improve awareness/provision of information regarding services.

“There are already some local people volunteering their time to make improvements in Priesthill and Househillwood area. They’ve formed neighbourhood forums and have made some headway in making small improvements to regenerate their area. However, for these plans to work, it needs all of the community and service providers to come together to agree what the main issues for improvement are and how they can work together to make these improvements.”

The charrette took place in November and included pop-up marquees and visits to local school groups and other groups/organisations.

New Chairman NHS Greater Glasgow and Clyde

John Brown, current Board Member of NHS Greater Glasgow and Clyde, took up the post Chair of Greater Glasgow and Clyde NHS Board on 1 December, when previous Chairman, Andrew Robertson, retired after eight years as Chair.

Since June 2014, Mr Brown has been employed as Company Secretary of the Student Loans Company. Prior to this, Mr Brown was a Senior Civil Servant and held a variety of challenging leadership roles at HM Revenue and Customs and the Inland Revenue.

He is a Chartered Management Accountant, has an MBA degree from the University of Glasgow and is a Fellow of the Institute of Leadership and Management. Mr Brown’s appointment will be for four years, commencing on 1 December and ending on 30 November 2019.
What Integration Means to Me - Kirsteen Cameron

Kirsteen Cameron is a Practice Development Nurse in the North East Locality of Glasgow City Health and Social Care Partnership.

Kirsteen said: “As a Practice Development Nurse within the North East Locality, I have responsibility to identify and support the ongoing learning needs and opportunities for Adult Community Nursing Staff to ensure we have a skilled, safe and effective workforce. This includes contributing to the development and implementation of new initiatives, service improvement and ongoing evaluation.

“Integration provides new opportunities for people, practitioners and organisations. The combined skills, experience and expertise of a multidisciplinary workforce means patients/clients will receive comprehensive assessments and care, delivered in a collaborative and timely manner. Integration will provide opportunities for shared learning and allow organisations to work more effectively and efficiently together.

“Within Adult Nursing Services there has always been a requirement to work in partnership with other agencies: I hope that Integration will help formalise care pathways and develop new and innovative approaches to the provision of information, care and support.

“Challenges are inevitable: organisational cultures will vary and time is required to understand and adapt to change. However, change brings with it new opportunities for professional development and service improvement. Integration, I believe, will enhance the services we deliver to people in the community, providing increased opportunities to remain at home with multi-agency supports tailored to actual and anticipated needs.”

For more information on Health and Social Care Integration...

Our people
Health Website

Our places
Glasgow City Health and Social Care Partnership (GCHSCP) headquarters at Commonwealth House, 32 Albion St, Glasgow G1 1LH (phone 0141 287 0499).

Our papers
You can read our Shadow Joint Integrated Board papers at Glasgow City Council or NHSGGC.

Keep up-to-date...
Health staff – visit Staffnet
Council staff – visit Connect