



# RECREATE

Don't let your past, shape your future

# Introduction

Recreate is a unique volunteering programme, which assists ex-offenders to gain new skills and experiences that could lead to a new beginning. The complexity and diversity of the problems faced by offenders mean that there is no 'one-size fits all' solution, Recreate Volunteers come to the programme with a range of issues and needs and the Recreate Team respond flexibly to provide support when it is needed most.

## The Volunteers

Volunteers are provided with an opportunity to access a range of meaningful Volunteering Opportunities, quality training and valuable individual support and encouragement. Recreate Volunteers commit to two days per week of volunteering in a range of placements and are provided with travel expenses and lunches.

*"The placement has kept me out of trouble and helps me to keep pace with the working world."*

*"I've had amazing support and have a job now."*

*"Getting back out into the community, doing something positive has helped my moods etc. and waiting to get back into full time employment instead of being sick."*

The impact of the Recreate service is evidenced on several levels. Recreate reduces the re-offending rate of many of the clients that they work with. The volunteers benefit from better/improved life chances and increased resilience as the Recreate team help to make positive improvements to their lives and the community benefits from reduced re-offending and ex-offenders engaging in a positive way in their local area.

# Volunteer Placement Opportunities

Several Recreate volunteers have spoken about how their volunteer placement has provided them with new skills, training and experience. It has also helped them to build their CV and provided a means by which they can obtain a reference for future employment.

The Recreate placements provide a safe and supportive environment and most importantly a structure and routine.

## Current Placement Opportunities

- Bellahouston Community Garden
- Calton Heritage and Learning Centre
- CSG Maryhill HUB
- CSG Milton ARC
- Glasgow Together
- Neighbourhoods and Sustainability – Glasgow Green
- Neighbourhoods and Sustainability – Bellahouston Nursery
- Cadder Housing Association and Community Centre
- Glasgow Vintage Vehicle Trust
- CSG Enterprise Centre
- Parkhead Housing Association
- Women's Library

For more information contact:

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*"Having a Recreate Volunteer has been a very positive experience for our organisation however it is also important to note that many of our staff found it a positive experience. Our volunteer was very enthusiastic and keen to do what was asked however after a short period of time he soon knew the jobs that needed to be done and just got on with it. The level of enthusiasm and willingness to work hard from our volunteer also rubbed off onto our staff and other volunteers".*



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