66

My key worker believed in me.
She picked up on everything I said,
discovered my needs, opened my
eyes and gave me tools to help tools which I use daily.



# **Opening times**

Monday 8am-8pm
Tuesday 8am-8pm
Wednesday 8am-8pm
Thursday 8am-8pm
Friday 8am-8pm
Saturday 9am-12pm
Sunday 9am-12pm

#### **ADULT SUBSTANCE MISUSE SERVICES**

We give support and advice to adults who are experiencing problems related to their own or someone else's drug or alcohol use. We provide specialist interventions to help prevent and reduce the harmful use of drugs and alcohol.

We won't judge you and will work at a pace you are comfortable with, helping you to get well and have a better quality of life.

We also offer support to family and friends who can also be affected by drugs and alcohol misuse.

For more information visit addaction.org.uk

### CONFIDENTIALITY

We know that confidentiality is really important to people who use our services. Workers will talk to you about confidentiality and what it means and how it may affect you. We try to keep everything discussed between us confidential. However, if we are really worried about your safety, we may give someone else information to protect you but we will always aim to let you know first.

Addaction has a robust and comprehensive Safeguarding Policy in place to protect the people who access our service, their families and our staff from any harm. We firmly believe that safeguarding is everyone's business.

For more information about our confidential policy visit addaction.org.uk/confidentiality

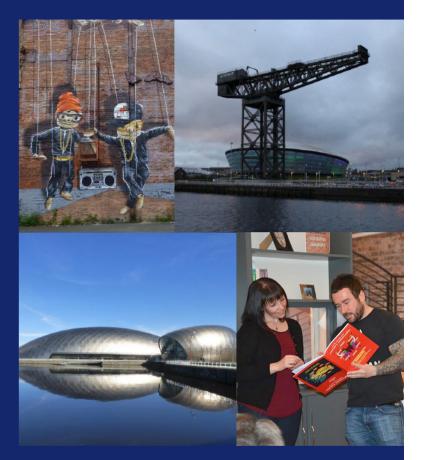


### www.addaction.org.uk

Registered address: 67-69 Cowcross Street, London EC1M 6PU Tel: 020 7251 5860 Fax: 020 7251 5890 Registered charity no: England 1001957 Scotland SCO40009 Company registration no: 2580377

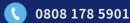
# addaction

**NORTH WEST GLASGOW** 



# Addaction North West Glasgow Recovery Hub

A free and confidential service for individuals, families and communities affected by drugs and alcohol.







## What we offer



Drop-in or phone support



Meetings at a time and place to suit you



A personal recovery plan



Parenting, pregnancy and family support



One-to-one and group work



Linking you with other organisations that suit



Introducing you to local recovery communities



Checks and feedback after you leave us



**Volunteering opportunities** 



People round here have seen me at my worst, but I don't need to run away from that. I've become a positive influence in my community and a visible presence of recovery.

John



The group workers were brilliant, very down-to-earth and easy to talk to. I felt, for the first time, I was treated as an equal and not just a service user.

Lisa



I couldn't believe what was out there and happening! Now I'm busy every day of the week at groups and drop-ins. Recovery is everywhere.

George



### How to access our service

Addaction North East Glasgow Recovery Hub accepts self referrals as well as referrals from family members, drug and alcohol services, GPs, social work, police and any other support agency.



The Quadrangle, 59 Ruchill Street Maryhill, Glasgow G20 9PX



0808 178 5901 (Freephone)



07773186877 (Text)



glasgow.northwest@addaction.org.uk



@addactionGlaW



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