



**NORTH EAST
RECOVERY
COMMUNITY
RUNNING CLUB**

EVERY THURSDAY 5PM
**CROWNPOINT SPORTS
COMPLEX**
**183 CROWNPOINT ROAD,
GLASGOW, G40 2AL.**

Free running club open to all in recovery or involved in recovery.



**All levels
welcome from
beginners to
advanced**

**Free meal after
club to aid
recovery**

**Choose either
track or road
running**

**Meet at the front
doors of
Crownpoint
Sports Complex
@ 4:55pm**

**Ask for Adam,
Walter, or Jimmy**

Tel: 0141 556 3951

Email:
nercglasgow@gmail.com