

Active Play numbers

106 Schools supported

Schools supported

375 Teachers and SfLWs trained

Teachers and SfLWs trained

2,803 Children took part in Active Play

Children took part in Active Play

1,049 Play Champions trained

Play Champions trained

1,056 Active Play sessions

Active Play sessions

848 Play Champions sessions

Play Champions sessions

18,967 Active Play attendances

Active Play attendances

5,776 Play Champions attendances

Play Champions attendances

345 SCQF-rated Hi5 awards attained by pupils

Active Play stories

Archie, aged 8, is on the autistic spectrum. He found it hard to play with other children or participate in group activities. He didn't join in or try the play equipment and would wander off alone during physical games.

Encouraged to play, staff introduced him to different equipment and to develop skills such as throwing, catching and playing tennis.

By week six he was joining in games and having lots of fun, trying different things and other children started to invite him to play with them. By week 10 Archie was taking part in all games and playing with different children during free play without needing support from adults.

Normally felt more comfortable with girls, but had now built great relationships with the boys and made new friends to play with.

Case study from an Active Play school

At the beginning of the programme Tyler would barely speak to anyone in his class and when he did speak, no one could hear him as he spoke really low and didn't have the confidence to speak up and let himself be heard.

Now he has stood up in front of his whole class and the Active Play class and has explained a game that everyone could hear in a group of around 40 people.

This shows the magnitude of achievement for him. Tyler was really proud of what he had accomplished and started to support his class peers to be more confident also.

Case study from an Active Play school

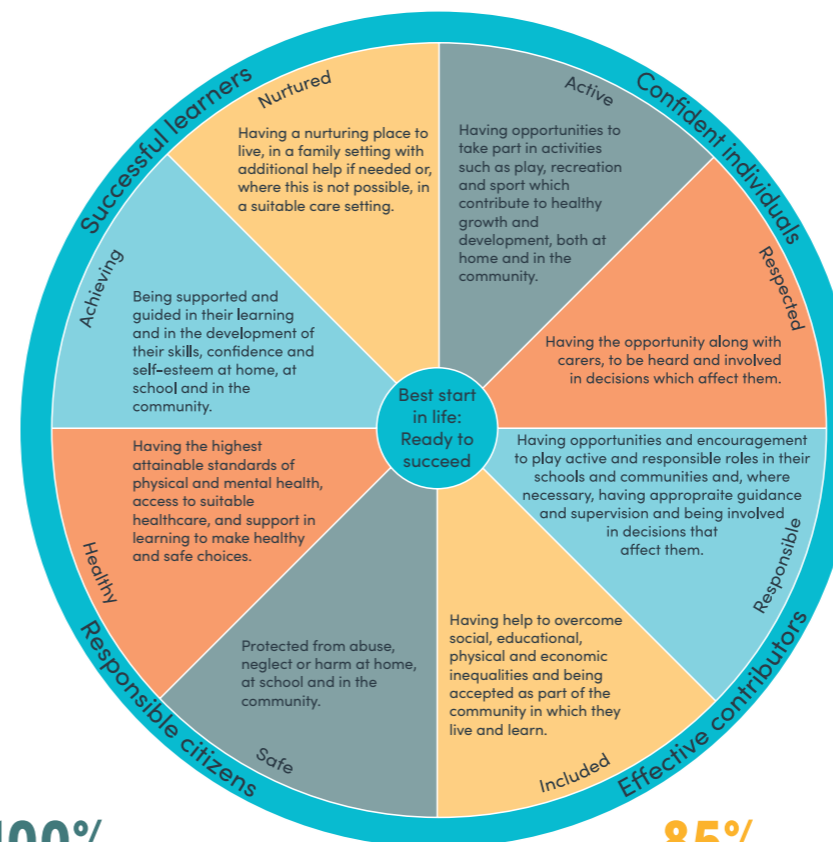
There are a few new children who do not speak English and it has been quite difficult to get them engaging in class.

However, when they are out in Active Play I was so surprised to see them fully engaged in the sessions and having smiles on their faces was a new thing. The children have picked up the games really quickly and this has helped them make friends in the class. I could not be more positive about the importance and impact that Active Play has had for the children. The teacher has said the children are settled in class and can focus more.

Staff found children who shy away from physical activity found it easier to take part in Active Play sessions.

Headteacher from an Active Play school

Active Play and SHANARRI



92% Improved relationships or gained new friends.

58% Improved relationships with teachers.

100% Improved fundamental movement skills.

81% Teachers planning to continue Active Play.

100% Improved fitness and stamina.

100% Improved confidence and motivation.

100% Sessions run in a safe environment.

85% Improved teamworking.

60% Improved focus in class leading to increased attainment.

75% Pupils now play games, are physically active, try new games at breaks, in the community or at home.

55% Attending new clubs.

86% Play Champions delivered sessions to others in the school or community.

90% Play Champions delivered games themselves.

78% Motivated to learn and lead games.