



CORPORATE ANNOUNCEMENTS

Colleagues

I said I would update you if there was any change in Government advice about Covid-19 (coronavirus).

Last night the UK and Scottish Governments updated their advice on self-isolation. You can find the advice [here](#).

The advice is now that you should self-isolate for seven days if you have **any new symptoms**:

- a high temperature
- a new cough

Please do not call 111 unless your symptoms start to worsen.

If you require to self-isolate then please contact your line manager as if you were ill under normal circumstances.

If you are a manager, you will receive guidance on how to record self-isolation, as well as confirmed cases of Covid-19, today or Monday.

The Government is clear that this advice does not apply at this stage to the family members of people with symptoms and you can read the Chief Medical Officer's comments here:

<https://www.gov.scot/news/people-with-symptoms-told-to-stay-at-home/> **So if someone in your household has symptoms but you do not, there is no need for you to self-isolate.**

Staff guidance

You should all now have had the chance to see our guidance for staff on self-isolating. It is available here - <https://www.glasgow.gov.uk/staffupdates> - but in short if you fall into the categories set out above or are told to self-isolate by the NHS then you will continue to be paid. The NHS inform website has a range of advice on how to self-isolate but the key advice is as follows:

"People who are self-isolating should remain at home and should not go to work, school or public areas. You should avoid close contact with others by:

- *avoiding having visitors*
- *not using taxis or public transport*
- *asking a friend or neighbour to get any shopping you require, or arranging for a delivery that can be left at your door*
- *avoiding intimate contact (including kissing and sexual intercourse)*
- *not sharing towels, clothes, toothbrushes or razors."*

In any case, it is essential to practice good hand hygiene by regularly washing your hands with soap and water for at least 20 seconds. If soap and water is not available then use suitable alcohol hand sanitiser as an alternative. This video may help:

<https://www.youtube.com/watch?v=bQCP7waTRWU&feature=youtu.be>

Managers are asked to share these messages with staff who do not have access to a computer at work and remind staff that all updates are available on our dedicated staff area on our website at <https://www.glasgow.gov.uk/staffupdates> Our web site can be viewed on any device at any time.

I will update you after the next regularly scheduled contingency planning working group or if the situation changes substantially, whichever is sooner. However, if you have any questions then please get in touch at [Ask Annemarie](#)

Regards

Annemarie O'Donnell
Chief Executive

OFFICIAL