

CORONAVIRUS (COVID-19) DAILY INFORMATION UPDATE



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<https://www.glasgow.gov.uk/staffupdates>

15 May, 2020

Wellbeing tips for parents and carers – LEARN AND GIVE

Wellbeing tips for parents and carers

Today we bring you our two final wellbeing tips for parents and carers – focusing on **LEARN** and **GIVE**.

LEARN - Learning can help boost our confidence and self-esteem, build a sense of purpose, and enhance connection with others.

With schools being closed, you may be worrying how your child is going to keep up with their learning whilst at home. We have some tips to help you:

- **Be kind to yourself** - you are already doing the most important job by supporting your children through what is an uncertain time for them, and by keeping them safe at home.
- **Use the online resources your child's school has provided to help**. However, be flexible and do what you can do and what is right for you and your children under these difficult circumstances.
- **Remember that everyone is in the same boat**, and when schools resume, teachers will develop lesson plans that take these circumstances into account.
- **Help your children learn new skills through everyday family life** such as food preparation, cooking, gardening, and helping to care for their siblings.
- **Don't forget to play!** Ideas for fun family games are available on the [Parent Club Scotland Website](#)
- **See the [Parentzone Scotland website](#)** for more information on how to support your child's learning at home during COVID-19.

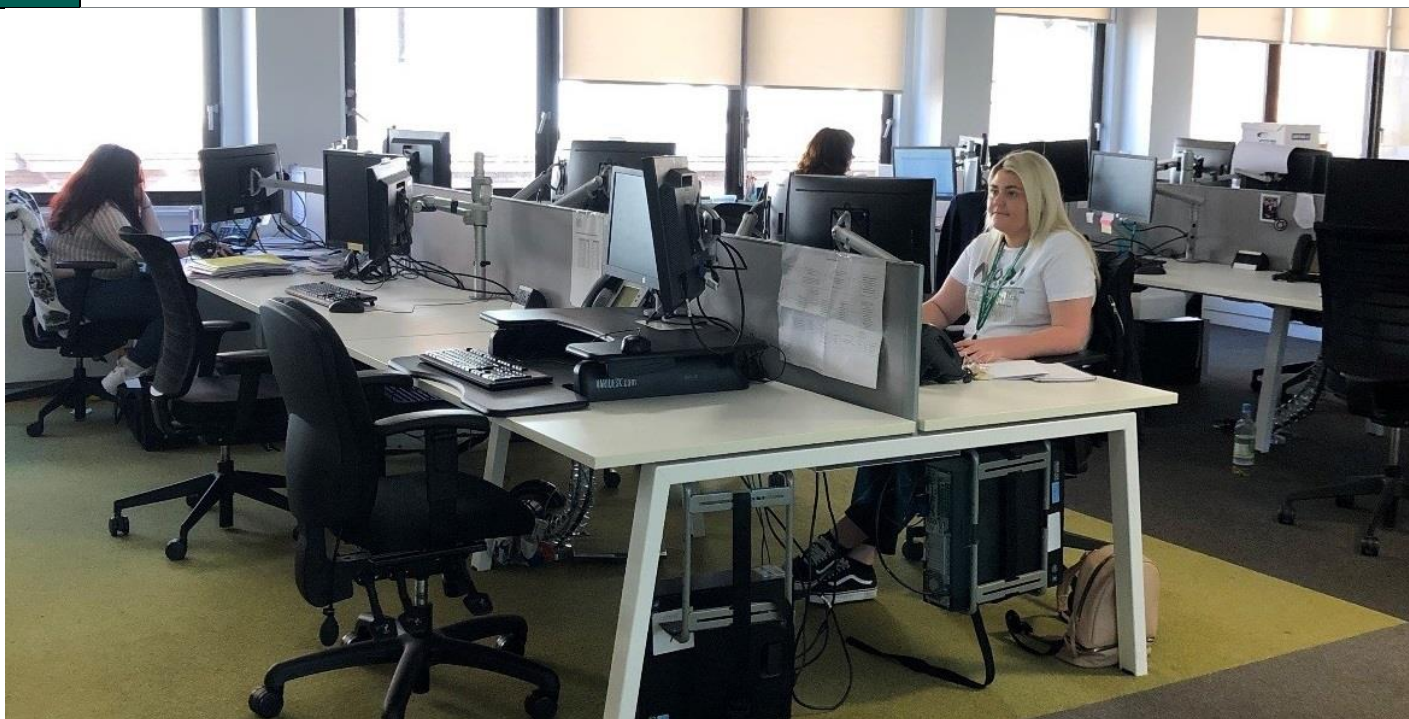
GIVE - Giving or doing something kind for somebody else makes us feel better, and this is certainly a time when such acts of kindness are needed. **Next week we will focus on this in more detail to support mental health awareness week.**

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- **Encourage your children to get involved** where possible in helping an elderly or vulnerable neighbour or family member who have to stay at home. This may include keeping in touch with them by phone or video call, writing them a letter, helping to cook a meal for them, dropping off shopping or any other items they may need.
- **The Mental Health Foundation** promote [50 random acts of kindness](#) which may give you some more ideas on what you and your children can do together to help others.
- **Acknowledge the time, care and attention** you are giving to your children and the loving and rewarding relationship you are building with them whilst at home more. It won't always be easy but the Parent Club have guidance that will help you [here](#).

Don't forget to visit our [Your Mental Health and Wellbeing section](#) on our **staff web page** for full details of all the support and resources available to help you at this unusual time. You can read our [comprehensive support guide here](#) and our tips to [staying safe and well here](#).

CBS Finance teams working hard to support business continuity



The Accounts Receivable (AR) team in Financial Services (CBS) is working hard to support the delivery of the following services: Early Years nursery finance administration; Finance for residential and non-residential care homes and care packages; Collection of rent and service charges on behalf of City Property; and Collection of income for many other council services

Angie Simpson, Operational Manager, said: "We've prioritised our work to focus on supporting the service areas that need supported the most. The critical tasks being processed link to areas such as the Health and Social Care Partnership where social workers and care homes rely on our systems being accurate in order for them to effectively carry out their role. We're also continuing to pay the Education Maintenance Allowance to the city's S5 and S6 pupils, and managing the council's funding to our partnership nurseries."

"We're also managing the council's income by making sure customer direct debits continue to be lifted every four weeks."

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Angie concluded: "It's a very challenging time, but we're working hard to keep staff safe while continuing to deliver key services. Everyone is doing a remarkable job and I would like to thank all the team for their continued hard work and commitment."

Supporting business continuity.

Janitor John praised for going the extra mile



John Cunningham

Janitor

**Property and Land Services,
Development and Regeneration
Services**

John Cunningham, a janitor for Property and Land Services (PALS), Development and Regeneration Services, has been praised for the exceptional work he is doing.

John has been employed by the council for more than 32 years. He has worked at the **Police Scotland** London Road premises for 18 years, and is currently also working at the Police Scotland Dalmarnock offices.

Donna Fraser, Police Scotland, sent an email to **Alison Wilson, Assistant Area Manager, PALS** to say: "On behalf of the staff at the London Road Police Office, I wanted to pass on our sincere thanks and gratitude to John. This is a busy operational police station and the staff have highlighted how exceptional John has been at carrying out his work during the current Covid-19 situation."

"John has taken on extra responsibilities and assists with the extra cleaning required to keep the yard and surrounding areas free of litter and the station and office areas as clean and virus-free as possible. He is quick to assist staff when needed and working long hours with little assistance. John is a real credit to the council and we are very grateful for all his work."

Alison said: "This recognition is a credit to John as a highly valued and respected member of staff."

Well done John.

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Share your story with us



At this challenging time – we would love to hear about what you are doing to help support the city.

- Have you volunteered in another section to help deliver an essential task?
- Are you particularly proud of your team or a colleague and the work they are doing to keep services running to our citizens?
- Have you seen a colleague go above and beyond to help deliver a service?

We would love to share your stories with your colleagues across the council – so please get in touch. Email a couple of lines and a mobile phone picture (if you have one) to Insider@glasgow.gov.uk

We know you're all proud to play your part for the city - thank you for making a difference.

Keep up the great work – what we're hearing on Twitter

Follow us [@GlasgowCC](#) on Twitter or [Glasgow City Council](#) on Facebook

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Malcolm Mocabol @MMocabol

24 mins ago

Thank you! For providing such a great service , you're guys are all the friendliest people ever , especially the refuse collectors in Royston and blochairn area . Keep it up!!

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