

STAFF NEWS



www.glasgow.gov.uk/staffupdates

Monday 10 August 2020

Safe return to the workplace



A SAFE RETURN TO THE WORK PLACE

Covid-19 Renewal Programme



Please read our [staff guide on a safe return to the workplace](#)

Your line manager will provide you with information about the renewal plan in your area and talk to about your health, wellbeing and safety to support your safe return to workplace, when the time is right.

You can also [watch our video](#) * where our Health and Safety Manager, Emma Rodgers, will talk you through what to expect when you return.

***If you don't have access to YouTube on your council device – you can watch the video by visiting our staff website from your own personal device at www.glasgow.gov.uk/staffupdates**

Glasgow is first local authority in Scotland to launch climate emergency training

A banner for 'Climate Emergency Training'. It features a stylized globe with green landmasses and blue oceans, set against a background of white clouds. A blue, brush-stroke-like banner is superimposed over the globe, containing the text 'Climate Emergency Training' in white. The entire banner is framed by a thick green border.

Climate Emergency Training



The council's Sustainability Team have been working in association with Keep Scotland Beautiful, to develop a bespoke Climate Emergency Training course which launches this week.

The course enables learners to find out about the causes of climate change and how it will impact Glasgow as well as the strategies the council might implement to mitigate and adapt to climate change.

Each participant will be awarded with official Carbon Literate accreditation upon successful completion of the course.

Gavin Slater, Head of Sustainability, Neighbourhoods and Sustainability said: "We are the first local authority in Scotland to offer the training, which will initially be undertaken by elected members before being rolled out and offered to the wider council family in October.

"The course is one of the 61 recommendations that were identified to help elected leaders respond to the growing risks of climate change, after the council declared a climate and ecological emergency in May 2019.

"The training will help to establish a common understanding and a common language in relation to addressing the climate emergency.

Gavin added: "Alongside the course we have been working closely with the Service Development and Innovation team and technology company Reshape, to incorporate a brand new carbon management app. This will allow learners to calculate their own carbon footprint making the course bespoke for the user.

"The app also offers support to enable users to reduce their personal impact on climate change and connects them with further resources.

"The app will be piloted along with the course making it a really engaging experience for the user.

"We will provide details in due course, on how staff can sign up to participate in the training when it is rolled out in October."

More information

OFFICIAL

To find out more about what the council and our partners are doing about climate change, please visit:

- View our Carbon Management Plan [here](#)
- Find out more about Sustainable Glasgow [here](#)
- Find out more about our plans to become a Carbon Neutral City [here](#)
- Find out more about Climate Ready Clyde [here](#)

 **Supporting pregnant women, adoptive parents and working parents. Please complete our survey.**



In support of our Equality outcomes and aim for an inclusive workplace and to be recognised as an employer that supports its employees who have protected characteristics, we are conducting some research.

- **We'd like to hear from staff who have returned from maternity or adoption leave within the last two years.**
- **The aim of our research is to make sure that the council is meeting its aim of supporting pregnant women, adopters and working parents.**

Have your say

Can you spare 10 minutes to complete our survey which has been developed by a MSc Research student from Strathclyde University. The findings of the survey will help us to assess current practices. The **deadline** for completing the survey is **Friday 14 August**.

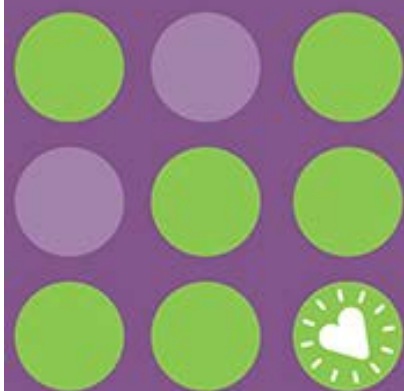
We would like to hear your views and opinions on your experiences during your period of maternity or adoption leave and your subsequent return to the workplace.

The council will consider an anonymous summary of your views and experiences and this will help inform any future plans or updates to our arrangements.

More information

- all survey responses, **to be submitted by Friday 14 August**, will be anonymous and confidential
- You can access the survey [here](#).
- details of the Strathclyde University research participants privacy notice is available [here](#)
- If you require any further information, please email: equalityanddiversity@glasgow.gov.uk

 **It's ok not to be okay**



YOUR HEALTH AND WELLBEING

get active | health support | smoking | mental health |
alcohol and drugs | cancer | healthy eating and
weight management

We're living in such challenging and uncertain times. Our daily lives have changed drastically as a result of the COVID-19 pandemic, and this has had a real impact on how many of us are feeling.

As we enter into the uncharted territory of life after lockdown and try to re-adjust to the 'new normal', it's important that we're all able to talk openly and honestly about our mental health and get help when it is needed.

Talk to someone

If you are struggling, it's important to acknowledge your thoughts and feelings, and talk to someone you trust - whether it's a family member, friend, manager or colleague.

Seek help if you need it:



Contact your GP

- or call **NHS 24** on **111** outside office hours

Workplace Options, our Employee Assistance Provider - for free, confidential, independent support for you and your family, 24/7:

- **0800 247 1100**,
- **0800 138 8725 (LGBTi helpline)**
- **0800 288 4950 (BME helpline)**

Breathing Space

- **0800 83 85 87**
- (Mon -Thu 6pm to 2am and Fri 6pm to Mon 6am).

Samaritans

- **Phone 116 123**
- available 24/7, or find out [other ways of getting in touch](#)

For URGENT HELP

- **phone 999** to access the emergency services.

OFFICIAL

Online information and support

- See our [Staff Updates page](#) for the latest staff news, guidance and support including our designated mental health and wellbeing area.
- **Clear Your Head** has a list of mental health support services which can be [found here](#).
- **NHS inform** have a range of mental health self-help guides which can be [found here](#).

Get in touch - share what you do to keep yourself feeling well.

- We'd like you to share your own wellbeing tips to help support colleagues across the council family.
- Email: YourHealthandWellbeing@glasgow.gov.uk and tell us what you've been doing to maintain your own mental health and wellbeing.

Got a story to share, a colleague to thank or a photograph to publish?

We'd like to hear **from you!**

Insider@glasgow.gov.uk



Make a tax free donation to your favourite charity



Brighten your charity's
day with **Payroll Giving**

Donate through StC Payroll Giving during July & August 2020 you will
be entered into a prize draw to win a £50 donation for the charity of your choice

[Click here to donate](#)

Small acts of kindness can make all the difference. Show your charity some sunshine with a regular **tax-free** Payroll Giving donation to your favourite charity will help them continue the vital services they provide. Sign up during July or August and be in with a chance to WIN an additional **£50** for your charity and brighten their day.

Sign up [here](#)

We're still recruiting

Current vacancies

- Internal vacancies are on [myjobscotland](#).
- For vacancies in home care, facilities management and catering click [here](#).

Follow us @GlasgowCC on Twitter or Glasgow City Council on Facebook

Covid-19 Renewal Programme

KEEP UPDATED

at all times on the website

www.glasgow.gov.uk/staffupdates

