

STAFF NEWS


www.glasgow.gov.uk/staffupdates

19 October 2020

Self-isolation – please let your manager know

You should self-isolate if:

- You or anyone at home has symptoms
- Just back from a country on the quarantine list
- You have been advised to by the NHS

Don't go for one last shop or wait for a test result. Support is available and you may be eligible for financial assistance of up to £500* if you are on a low income and are asked to self-isolate by Test & Protect. For more information call the National Helpline on 0800 111 4000.

*Terms and conditions apply.

Stick with it. For yourselves and each other.
#WeAreScotland gov.scot/coronavirus

Remember FACTS

- Face coverings
- Avoid crowds
- Clean hands
- 2M
- Self isolate

Managers across the core council have been issued with a briefing to help support them when a member of their team is contacted by Test and Protect and told to self-isolate.

Test and Protect is Scotland's approach to implementing the 'test, trace, isolate, support strategy' - a public health measure designed to break chains of transmission of COVID-19 in the community.

As part of this, anyone who has symptoms of COVID-19, or has tested positive for it, will be asked to self-isolate at home for 10 days. If they live with someone who has symptoms, or has tested positive, or if they have been in close contact with someone who has tested positive, they will be asked to self-isolate at home for 14 days.

Self-isolation is different from the physical distancing measures everyone in Scotland has been following. It means not leaving the house at all, even to exercise or to get food and medicine.

Remember that you should self-isolate straight away if:

- you or someone in your household has symptoms
- you have been abroad and need to quarantine
- you have been advised to do so by the NHS or the through the Protect Scotland App.

Please contact your manager if you are instructed to self-isolate.

For more information on how to self-isolate visit <https://www.gov.scot/publications/coronavirus-covid-19-test-and-protect/pages/summary/>

Protecting public health during a Pandemic

The Environmental Health (EH) team at Neighbourhoods and Sustainability (Community Safety and Regulatory Services) have never been busier. They are currently heavily involved in dealing with a range of crucial issues relating to Covid-19.

Like every other Scottish local authority, Glasgow is legally required to have arrangements in place for protecting public health.

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In normal times, Environmental Health deals mainly with food safety, health and safety at work and other business-related requirements as well as vital public health matters such as public health nuisance, noise, fly-tipping, commercial waste and licensing.

Billy Hamilton, Group Manager, Environmental Health said: "Around 75% of our workload at present is directly connected to the cause of suppressing the Covid-19 pandemic. Our Trading Standards colleagues are also heavily involved and are working with us on the assessment of Covid legislation compliance.

Billy added: "The new, stricter regulations announced by the First Minister on 9th October, have added another layer of complexity and now we are required to make sure that businesses comply with the temporary restrictions. "One aspect of this is the responsibility for determining which food outlets in the city meet the definition of a 'licensed cafe' and are, therefore, permitted to trade at present. Working with our colleagues in Trading Standards, we've already checked over 1,250 premises in the hospitality sector since 9 October to assess compliance with various aspects of the temporary requirements.

"In recent months we've also been working with Police Scotland to conduct joint night-time patrols to assess Covid compliance in restaurants and bars around the city."

Environmental Health activity which supports the city's response to the pandemic includes:

- EH officers working within the NHS Test and Protect system – leading on cases linked to businesses.
- Investigating businesses highlighted as being visited by confirmed cases.
- Advising Corporate and NS Health and Safety and management on specific Covid-suppression measures in the workplace.
- Assessing council Covid-related PPE procurement requests to make sure that PPE is allocated fairly and appropriately.
- Core participation in the NHS-led Incident Management structure.
- Assessing Covid compliance in the hospitality sector – to date, we have engaged with over 1,300 bars, restaurants and cafes – mostly on-site.
- Investigating complaints and allegations from businesses, members of the public, the media and elected members in relation to Covid controls.
- Conducting a survey of city schools to assess compliance with Covid requirements – and reporting to the Executive Director of Education.
- Advising the Scottish Government, including drafting national guidance materials – we have two officers on the national Enforcement Expert Working Group.

Billy concluded: "These are challenging times for everyone as we deal with an ever-changing situation. Staff in Environmental Health and Trading Standards are doing a fantastic job adapting to change and working at unprecedented levels to support the city and help to keep everyone safe – both within the council and in the wider community."

More information

- Find out more about the work of Environmental Health at <https://www.glasgow.gov.uk/article/17172/Environmental-Health>
- Find out more about the work the team are doing around Covid-19 at <https://www.glasgow.gov.uk/coronavirus>
- You can contact the team, at covidenforcement@glasgow.gov.uk

 **Hate Crime Awareness Week, 18 to 24 October 2020**

Hate Crime Awareness Week 2020
18 - 24 October 2020
www.hatecrimescotland.org



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The council family is again committed to raising awareness of hate crime, by supporting Hate Crime Awareness Week (HCAW), from **18 to 24 October, 2020**. A hate crime is any crime motivated by prejudice or hate against a person because of their race, religion, sexual orientation, disability or transgender identity.

This year the campaign has a focus on disability hate crime, with Glasgow schools taking part in a poetry competition on the topic. Other activities include an online event, Glasgow is no Place for Hate, on Monday 19 October, which features a film from Glasgow Disability Alliance and poetry from the school competition. There will also be a Question and Answer session with Police Scotland, the Procurator Fiscal and Glasgow Disability Alliance.

To further raise awareness, adverts will appear on Radio Clyde, Radio Awaz and Sunny Govan throughout the week, with a social media campaign promoting respect and safety for all communities in the city. **Pauline Kelly, Hate Crime Policy Officer** said: "Glaswegians are being asked to play their part in living up to our reputation as a friendly city, by eradicating hate crime. The week-long awareness campaign urges people across Glasgow to show that our city is no place for hate."

Glasgow was the first city in Scotland to mark HCAW. In 2015, the city took up the campaign to encourage activity to address hate crime and to educate and raise awareness of the harm and devastation it causes. Now in its sixth year, HCAW encourages the public - victims and witnesses - to speak out and report hate crime incidents.

More information

Information on hate crime, how to report it and where, is available [here](#)

Prostate Cancer



Prostate cancer: Check your risk in 30 seconds



Prostate cancer can affect one in 10 men in Scotland and is the most common cancer amongst men in Scotland.

Whilst the number of men diagnosed with prostate cancer has increased, so have survival rates, especially where there has been an early diagnosis.

Check your risk

Most men with early prostate cancer don't have any signs or symptoms. But there are some things that may mean you're more likely to get prostate cancer. You might hear these described as prostate cancer risk factors.

Prostate Cancer UK has developed a **30 second online risk checker** to raise awareness of the illness and to help men manage their wellbeing.

Check your risk at <https://prostatecanceruk.org/risk-checker>, then get advice on what you should do next.

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If you don't have any of the risk factors, but have noticed anything that's unusual for you (like changes when you go for a pee), you should phone your GP.

More information and support

- Visit <https://www.prostatescotland.org.uk/> for information on what the prostate is and what it does, what the symptoms of prostate disease are to help you to be more aware of what to look out for.
- Visit <https://getcheckedearly.org/prostate-cancer> for information from the Scottish Government and NHS Scotland on what to look out for, possible signs and symptoms, what's involved

Supporting Disabled Staff



The council has a number of employee network groups that enable staff to share experiences and views and to help shape council policies and procedures.

The established **Disabled Employee Peer Support Network** members work to raise awareness of issues which affect disabled employees. The forum has an input to employment matters to make sure that we provide a supportive and appropriate working

environment for our disabled workforce.

Thom Hughes, Senior HR Officer said: "Supporting and enabling specific groups of staff supports our equality outcomes and our aim to have an inclusive workplace.

"We want the council to be recognised as an employer that supports its employees who have protected characteristics. We're always looking for new members and I'd encourage anyone interested to get in touch."



More information

If you would like to find out more, or get involved with, the Disabled Employee Peer Support Network – or find out about other networks - please email our [Equality&Diversity](#) mailbox.

International Stammering Awareness Day - 22 October

This communication disorder interrupts the flow of speech and can lead to feelings of anxiety and frustration, and can affect confidence. Stammering affects four times as many males as females.

More information

Find out more about the information and support available from the Scottish Stammering Network [here](#).

Staff Walking Challenge – update and steps make prizes!

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active>>staff Walking Challenge Autumn 2020

Monday 12 October - Monday 09 November

The challenge has got off to a great start and we now have 42 teams from across the council family signed up to take part. Week 2 sees walkers enjoying a virtual stroll around the Medieval City of Ávila, some have even have reached the World Heritage site of Segovia and further.

Steps make prizes

This week's Active Staff Challenge competition is for the best "selfie" snapped whilst out and about on your daily walks. Pictures can include your team mates (socially distanced of course) and four legged friends. The sender of the top three "selfies" will each win a £25 Sports Direct voucher.

Send your picture, including details of who is in it and where it was taken to walking.challenge@ggc.scot.nhs.uk.
By sending in a picture you are agreeing that it may be used to promote the NHS walking challenges.

And that's not all. At the end of the challenge we are also offering some great prizes to the top three teams from across the council family.

- For the council family with the highest number of steps this week we're giving each team member a **rucksack to pack all their walking essentials**.
- For the second team, each member **will receive a head torch** to support night time walking.
- For the team with the third highest total, each member will **receive a set of walking poles and water bottle**.

There is still time to sign up

To register follow the instructions at <https://activestaff.worldwalking.co.uk/>

Once registered you can either create or join a team of up to five colleagues and start walking.

I have taken part in Walking Challenges in the past, do I need to re-register?

Yes. We no longer have details from previous challenges so everyone will need to re-register.

More information

Find out more on the Walking Challenge and /or COVID-19 guidance at [Help](#) or have a look at [Hints, tips and other bits](#) ?

Share your story along the way

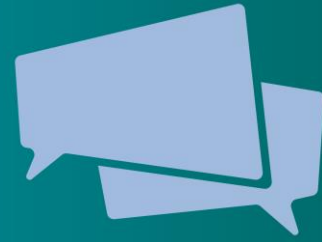
We'd love to hear about your progress in the challenge. If you have a fun story or an achievement you'd like to share, please email details along with your name and contact details – and any relevant photograph - to YourHealthandWellbeing@glasgow.gov.uk



Got a story to share, a colleague to thank or a photograph to publish?

We'd like to hear **from you!**

Insider@glasgow.gov.uk



Make a tax-free donation to your favourite charity



Did you know you can donate to any UK registered charity with your Payroll Giving donation? It's the simple, safe and tax free way to support your chosen charity. You can give more for less and help your charity continue their vital work. Thank you to all those who already donate you are playing an essential part in keeping these charities open.

Click here <https://udon8.org/glasgowcitycouncil> and join the thousands of employees making a difference each payday. Your charity needs you!

We're still recruiting

Current vacancies

- Internal vacancies are on [myjobscotland](https://myjobscotland.gov.uk/).
- For vacancies in home care, facilities management and catering click [here](#).

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