

Active Travel Forum notes - 26 Feb 2020 - workshop on women and active travel

Welcome

- Cllr Richardson welcomed Forum members and thanked Maryhill Women's Centre for hosting. She noted that that women and girls experience mobility differently. And that until now, mobility plans focused on improving the circulation of vehicles, increasing the efficiency of public transport, reducing the number of accidents or increasing pedestrian spaces.
- An objective of new plans will be to have a positive impact on gender equality and to act to eradicate the gender differences caused by mobility

Women's Centre Glasgow (Maryhill)

- The Women's Centre have provided a safe space for women in Glasgow over 25 years. It aims to empower women by a safe environment for all women in the wider Glasgow area, to come together and support each other, and offering them opportunities to strengthen their choices and in changing their lives
- In partnership Glasgow Life and the Hub the Centre offers the Wheel-being Project an accessible and inclusive 10-week block Cycling programme to improve health and wellbeing.
- Women's Centre also offers other activities such as yoga, keep fit classes Family Karate sessions etc.
- In addition to activities on health and wellbeing, the Centre provides a range of other support and services:
 - Learning and development
 - Adult Education
 - Counselling Service
 - Volunteering
 - Employability
 - Domestic Abuse Awareness
 - Overcoming Digital Exclusion
 - Building Resilience
- The Centre noted it was open to working with other Forum members to develop opportunities for Active Travel and promote women's mobility and health and wellbeing

Workshop

- Deborah Paton, Group Manager (Connectivity Plan) conducted a workshop on women and girls and active travel.
- Output below:

Group A:

Lived experience / barriers

More responsibilities at home

Journeys are multi-purpose:

- And complex
- Not on main trunk routes

Journeys are multi-purpose:

- More expensive
- More waiting around
- Off-peak services
 - All compounded by low income

Bus/bike compatibility is more important for radial (less frequent) routes and rural areas

Barrier: few women in decision making roles in transport.

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Different (less positive) experience of commute

- busier routes (not quiet cycle routes)
- public attitudes

Gender difference more pronounced in UK than in other countries – perception that women don't cycle – needs support from primary school level

Issues to tackle

Affordable, integrated public transport for complex journeys.

Long term funding commitment and actually building.

Safe, segregated cycling infrastructure on main routes.

Stereotyped gender roles around cycling in UK.

Ideal vision

A subway network bigger than 1 circle – across city.

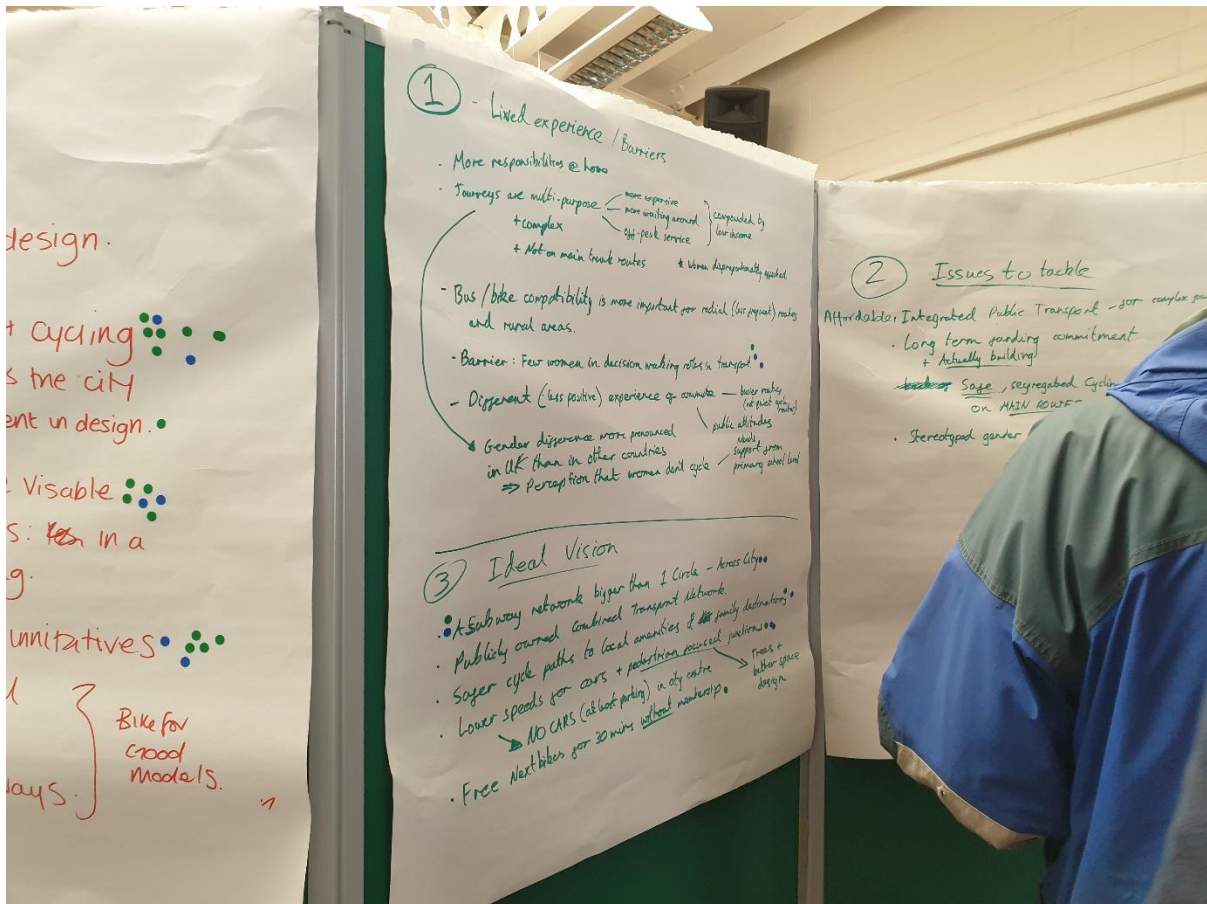
Publicly owned combined transport network.

Safer cycle paths to local amenities and family destinations.

Lower speeds for cars and pedestrian focused junctions (trees and better space design)

- no cars (at least parking) in city centre.

Free Nextbikes for 30 mins without membership.



Group B

Women and girls and active travel

Barriers:

Perceived v. real

Safety / weather!!

Income (which is related to...)

Access:

- to safe cycle routes to school: car free schools
- bikes: i.e. e-cargo bikes

Age –

- Adult
 - o responsibilities - kids ,work, life etc.;
 - o Time! No transport system for integrated journeys i.e. bikes on train / bus
- Primary school age – want to cycle but sometimes parents are resistant due to safety issues
- Secondary – image, clothing, lack of relatable peers / role models, knowledge stereotype – who is a cyclist?!

Infrastructure – lack of! E-cargo bikes for family cycling is great but we need consistent cycle infrastructure.

Cultural / ethnicity – we need more visible role models.

Infrastructure / street design

Cohesive walking and cycling infrastructure across the city:

- more involvement in design.

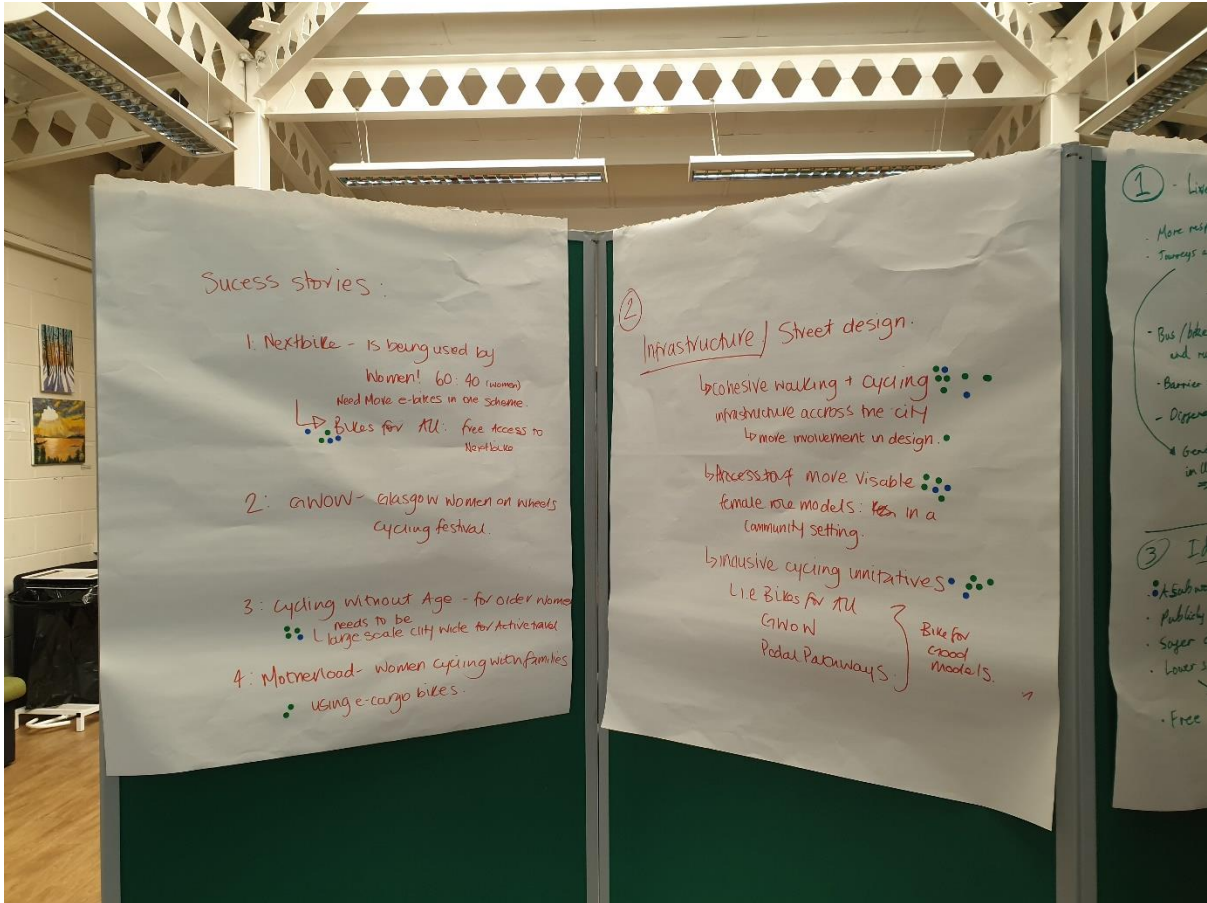
More visible female role models – in a community setting.

Inclusive cycling initiatives

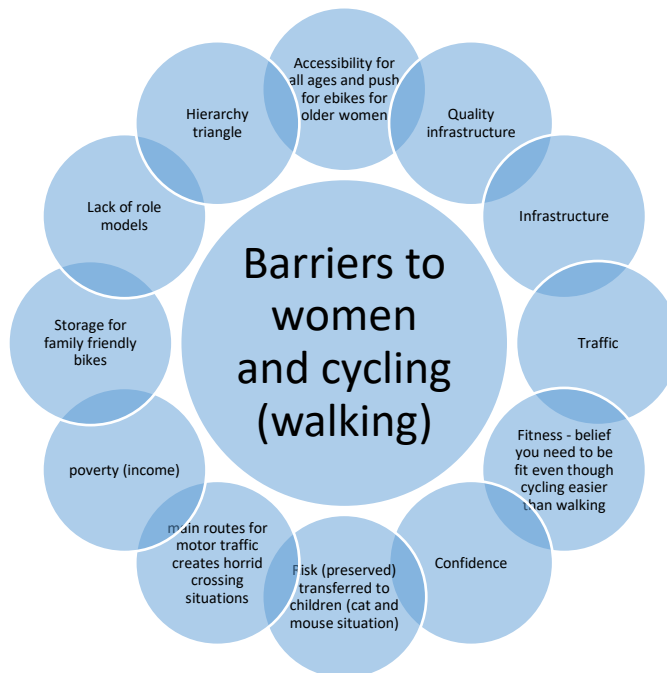
- i.e. Bikes for All.
- GWOW
- Pedal Pathways –
- **All Bikes for Good models**

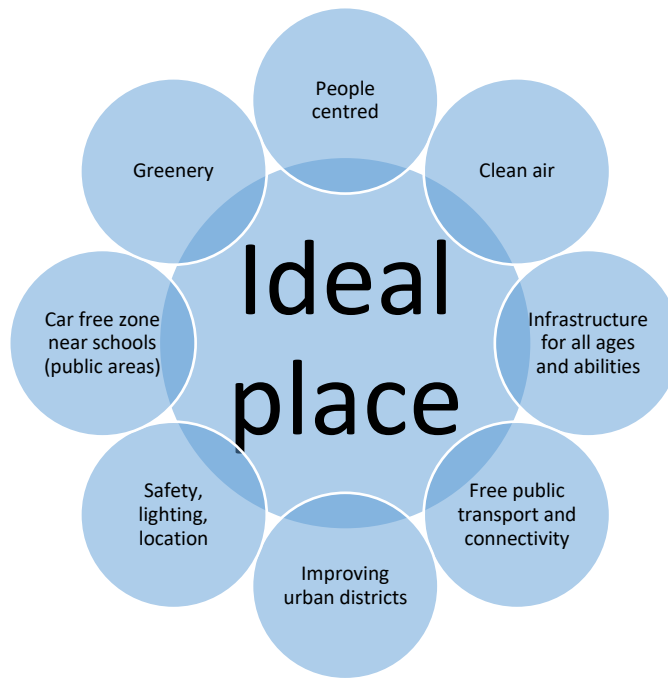
Success stories

1. Nextbike is being used by women – 60:40 women. Need more e-bikes in the scheme. Bikes for All – free access to Nextbike.
2. GWOW – Glasgow Women on Wheels Cycling Festival
3. Cycling Without Age – for older women. Needs to be large scale city wide for active travel.
4. Motherload with families using e-cargo bikes.



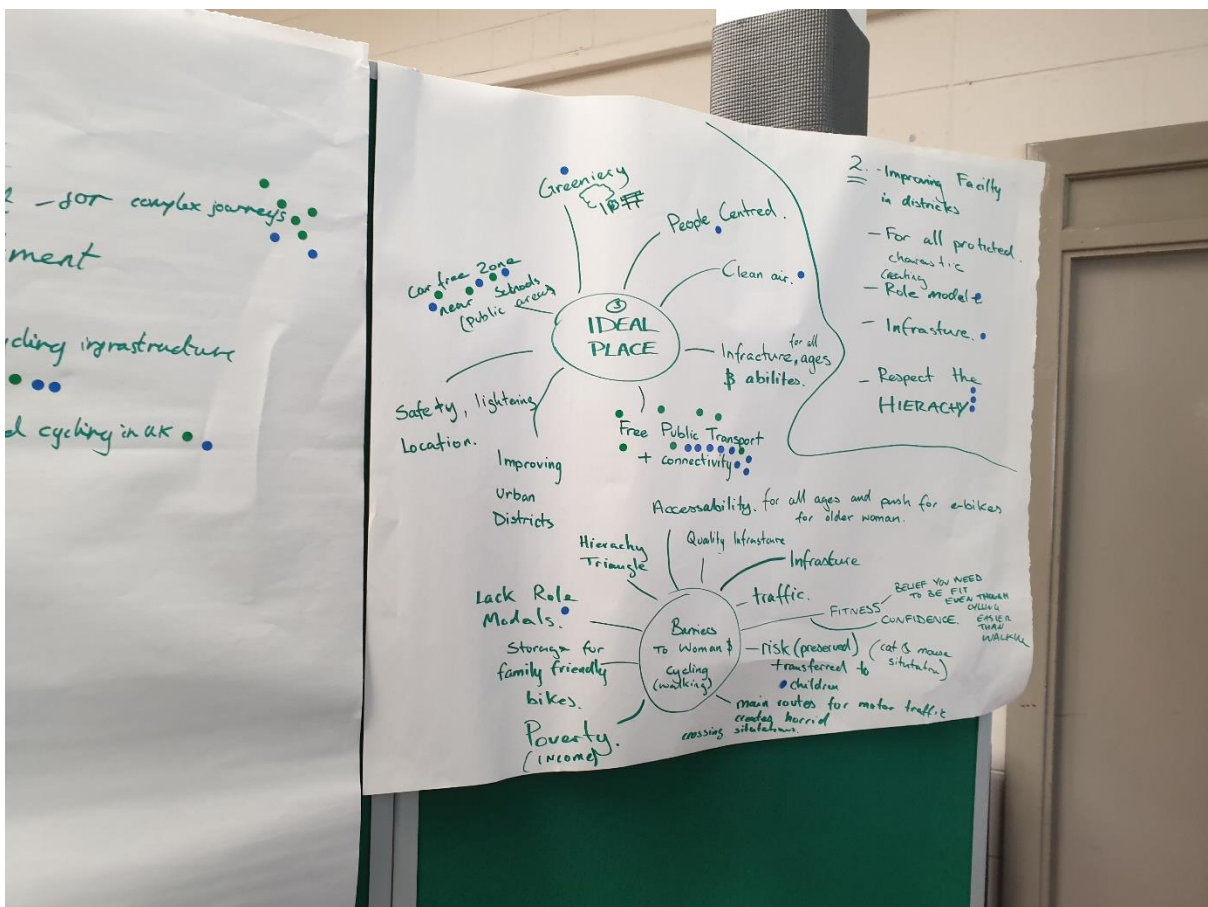
Group C





Improving facility in districts:

- For all protected characteristics
- Creating role models
- Infrastructure
- Respect the hierarchy



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Dots

People were asked to assign dots to whichever issues they felt were most important for GCC's new transport plans to tackle. It should be noted this was a fairly unscientific process and people generally used as many dots as they wanted to. The issues that received the most dots in descending order:

- Free public transport and connectivity
- Cohesive walking and cycling infrastructure across the city
- Inclusive cycling initiatives
- More visible female role models in a community setting
- Affordable, integrated public transport for complex journeys