

AUGUST 2021









For the latest information, advice and support visit the staff updates web page.

www.glasgow.gov.uk/staffupdates

Please click on the events links below for more information

Health and Wellbeing

DATE	EVENT
5	Cycle to Work Day
23	Workplace Options webinar-'Raising Confident Children'
30	National Grief Awareness Day

Equality and Diversity

DATE	EVENT
19/7-23/8	Eid al Adha
9	International Day of the World's Indigenous Peoples
10	Muharram - New Year (Islam)
12	International Youth Day
15-18	Pride Glasgow
22	International Day Commemorating the Victims of Acts of Violence Based on Religion or Belief
23	International Day for the Remembrace of the Slave Trade and it's Abolition

DATE	EVENT
12 (TBC)	Carers Employee Equality Network Event
15 – 18	Prism Employee Equality Network Event (Pride Glasgow)
18	Wellbeing Class: The Wonder of Wellbeing
23	Workplace Options webinar - 'Raising Confident Children'
25	Live Webinar StC Payroll Giving
26	Digital Menopause Event
30	BME Employee Equality Network Event



SEPTEMBER 2021









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Health and Wellbeing

DATE	EVENT
10 6-12 22	World Suicide Prevention Day Know Your Numbers Week National Fitness Day

Equality and Diversity

DATE	EVENT
2	Stonewall: Diversity Champions and Allyship Event
5	International Day of Charity
8	International Literacy Day
21	World Alzheimer's Day
23	Bi Visibility Day
27/9 -3/10	National Inclusion Week

DATE	EVENT
7, 9, 9	ENEI Webinar -
	Menopause
	Roundtable: Neurodiversity Education
	Roundtable: Activating change out of a crisis
12 (TBC)	Disability Employee Equality Network Event
16	LeanIn Conversation
17	Wellbeing Class: The Art of Relaxing
18	Lean In Employee Equality Network Event
20	Workplace Options webinar-'Switch on to Being More Present'
21	Digital Menopause Cafe
29	ENEI Webinar – Everyday Inclusion (Race Equity and Mental Health
TBC	Joint Employee Equality Network Event (Inclusion Week)



OCTOBER 2021



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Health and Wellbeing

DATE	EVENT
1-31	Breast Cancer Awareness Month, Go Sober for October, Stoptober (Quit Smoking)
4-8	Back Awareness Week
10	World Mental Health Day
18	World Menopause Day

Equality and Diversity

DATE	EVENT
27/9-3/10	National Inclusion Week
1-31	Domestic Violence Awareness, Black History Month
9-16	Hate Crime Awareness Week
11-15	National Work Life Week
27	National Mentoring Day

DATE	EVENT
7	ENEI Inclusivity Excellence Awards 2021
13	Wellbeing Taster Session: Improving Motivation
18	Wellbeing Class: Returning to work post Covid Menopause Awareness for Manager's Training
25	Workplace Options webinar – 'Embracing Diversity and Differences'
27	BME Network Meeting
TBC	Autumn Active Staff Walking Challenge



NOVEMBER 2021









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Health and Wellbeing

DATE	EVENT
1-30	Movember, Lung Cancer Awareness Month
1-5	International Stress Awareness Week
14	World Diabetes Day
8-12	Talk Money Week
15-21	Alcohol Awareness Week
19	International Men's Day

Equality and Diversity

DATE	EVENT
1-7	Dyslexia Awareness Week (Scotland)
4	Support during Diwali
11	Armistice Day
19	Support during Guru Nanak
25	International Day for the Elimination of Violence Against Women, 16 Days of Action
25	Carer's Rights Day

DATE	EVENT
3	Wellbeing Class: Re-assess Your Stress
8, 15, 25	Wellbeing Classes: Returning to the Workplace post-Covid
11	ENEI Webinar – Roundtable: Neurodiversity
17	Digital Menopause Café
20	PRISM Employee Equality Network Event
22	Workplace Options webinar – 'Caring for our Elders'
26	Carers Employee Equality Network Event
30	Live Webinar – StC Payroll Giving



DECEMBER 2021









Please click on the events links below for more information

Health and Wellbeing

DATE	EVENT
2-8	National Grief Awareness Week

Equality and Diversity

DATE	EVENT
25/11-16/12	16 Days of Action
1	World Aids Day
2	International Day for the Abolition of Slavery
3	International Day of Persons with Disabilities
10	Human Rights Day

Get involved this month

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JANUARY 2022



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Health and Wellbeing

DATE	EVENT
1-31 17-23 17	Dry January Cervical Cancer Prevention Week Samaritans Brew Monday

Equality and Diversity

DATE	EVENT
4	World Braille Day
6	Epiphany (Christian)
13	Maghi (Sikh)
16	World Religion Day
18	Mahayana New Year (Buddhist)
27	Holocaust Memorial Day

DATE	EVENT
19	Wellbeing Class: Improving Motivation
27	BME Employee Equality Network Event
28	Wellbeing Taster Session: Building Confidence
31	Digital Menopause Café
TBC	Workplace Options Webinar
TBC	Winter Active Staff Walking Challenge



FEBRUARY 2022



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Please click on the events links below for more information

Health and Wellbeing

DATE	EVENT
1-28 3 4	Heart Month Time to Talk Day World Cancer Day

Equality and Diversity

DATE	EVENT
1-28	LGBT History Month
12	Chinese New Year
1-2	Imbolc/Candlemas (Wicca/Pagan)
6	International 6 Day of Zero Tolerance to Female Genital
	Mutilation
15	Nirvana Day (Buddhist)
25	Purple Friday

DATE	EVENT
1-28	PRISM Employee Equality Network Event (LGBT History Month)
4	Carers Employee Equality Network Event (Time to Talk Day)
14	StC Payroll Giving Webinar
16	Wellbeing Class: Boosting Self-esteem
22	Digital Menopause Café
TBC	Workplace Options Webinar



MARCH 2022



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Health and Wellbeing

DATE	EVENT
1-31	Ovarian Cancer and Prostate Cancer Awareness Month
10	No Smoking Day
18	World Sleep Day
30	World Bipolar Day

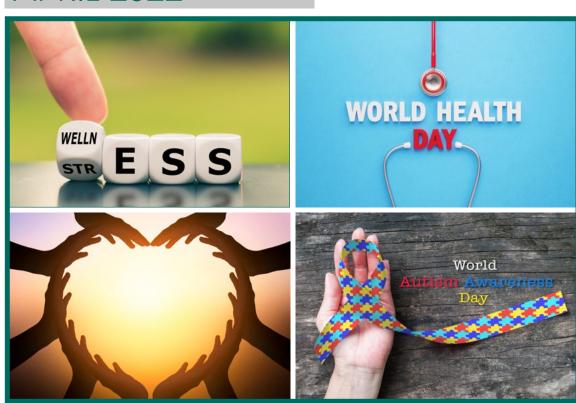
Equality and Diversity

DATE	EVENT
1	Zero Discrimination Day
1-31	Women's History Month
2/3-16/4	Support during Lent
8	International Women's Day
16-17	Purim (Judaism)
19	Holi (Hindu)
21	World Down Syndrome Day
	International Day for the Elimination of Racial Discrimination
31	International Day of Trans Visibility
TBC	World Autism Week

DATE	EVENT
1	Disability Employee Equality Network Event
8	Lean In Employee Event (International Women's Day)
16	Digital Menopause Café
21	Wellbeing Class: Building Confidence
23	National Day of Reflection
TBC	Workplace Options Webinar



APRIL 2022



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Health and Wellbeing

DATE	EVENT
1-30	Stress Awareness Month
	Bowel Cancer Awareness Month
7	World Health Day

Equality and Diversity

DATE	EVENT
2/3-16/4	Support during Lent
2/4-1/5	Support during Ramadan
2	World Autism Day
8	International Romani Day
14	Vaisakhi (Hindu, Sikh)
15-23	Support during Pesach (Passover)
22	Stephen Lawrence Day

DATE	EVENT
27	BME Employee Equality Network Event (LGBT History Month)
27	Digital Menopause Café
TBC	Workplace Options Webinar
TBC	Health and Wellbeing Spring Roadshow