Welcome to the 17 March 2023 edition of the Neighbourhoods, Regeneration and Sustainability E-News. This fortnightly email will provide you with a range of updates all in one place! With a range of actions, responses required as well as workplace, service and corporate updates.

#### **For Action**

### Important Messages that require Action





#### Reminder for staff: Self Service Password Reset

Last year we launched Self Service Password Reset (SSPR) to help staff reset their own passwords if you use a Windows 10 device – without the need to contact the CGI Service Desk.

All staff are encouraged to review the process on how to do this and enrol - as it is a quicker and more efficient way to reset your password and get back up and running.

Visit our dedicated staff support page on Connect for details on how to enrol for SSPR – it includes a link to briefings and frequently asked questions with answers.

Click here to visit the password reset portal on Connect

#### Glasgow Club - discounted membership offer for council family staff

All council family staff now qualify for a discounted Glasgow Club membership.

You can sign up to FitClub for just £10 per month instead of the standard rate of £27. If you already pay for a membership, you can apply for the discount and reduce your monthly fee. FitClub is Glasgow Club's most popular membership plan.

You can enjoy the following at all Glasgow Club venues:

- · Unlimited Gym Sessions
- . Unlimited access to all fitness classes (in-club and digital)
- Unlimited Swimming
- Free personal appointments with a qualified fitness instructor pay-as-you-go for other activities (for example, football, badminton)

Why not make a difference to your health and wellbeing and enjoy a saving too?

To sign up: Scan the QR code or use the button below.





What happens if I already pay for Glasgow Club membership? Follow the link and skip straight to completing the form. Here you'll provide your current membership or card ID and upload your latest payslip. The team at Glasgow Club will apply the discount so you can enjoy the £10 monthly rate. We plan to do this in time for your next payment. However, we're anticipating high demand so please allow up to 6 weeks for the change to take effect.

How soon will my membership start? And when do I pay? You can sign-up or apply for a discount on your existing membership as soon as you register at <a href="https://myglasgow.club/gccstaff">https://myglasgow.club/gccstaff</a>

Your membership is immediately active. There's nothing to pay until the seventh of the following month. Payments continue on the seventh of each month until you cancel the direct debit with your bank.

NOTE: your membership will become inactive if you don't upload a picture of your latest payslip to the staff membership page. As a result, you won't be able to access Glasgow Club activities.

**Is this offer open to my family members too?** No. This offer is only for those working at Glasgow Life, Glasgow City Council and our ALEOs.

**Do I get discounts on court/pitch bookings with my staff membership?** No. Only activities included in the FitClub membership.

Can I purchase annual membership instead of paying monthly? Staff membership is ONLY available on a monthly basis paid by Direct Debit.

I'm not quite ready to take out a membership can I join at a later date? Yes, if you're not ready to take advantage of the offer right now, you can apply in the future.

If you have any problems, please contact the Glasgow Club team

Click here to visit the glasgow club webpages and sign up





The undernoted Managers' Briefings have been issued in March for managers to cascade the information to staff within their area of responsibility.

- · Reporting Issues
- Driving Licence Checks

Please use the button below to view previous managers briefings.

Click to view the briefings on the intranet

#### For Information

Service News and Corporate Updates that might affect you



#### UCI Cycling World Championship Tickets On Sale Now

Cycling fans from around the world can now secure their tickets for the 2023 UCI Cycling World Championships with general tickets on sale now.



With something for everyone to enjoy, the 2023 UCI Cycling Worlds will feature 13 high-adrenaline, exciting UCI World Championships including Track and Para-cycling Track at the Sir Chris Hoy Velodrome, BMX Racing at Glasgow BMX Centre, BMX Freestyle (Park and Flatland) and Trials at Glasgow Green, Indoor Cycling (artistic cycling and cycle-ball) at the Emirates Arena.

Events will also take place across Scotland including Mountain Bike Cross-Country, and a Marathon in Glentress Forest, Tweed Valley, Mountain Bike Downhill in Fort William and Road and Para-cycling Road across Scotland

The general sale for the first of its kind cycling event is open now offering tickets at a range of prices suitable for all fans' budgets. Tickets can be purchased for as little as £8 or fans can register for various free events using the button below.

Click here to visit the Cycling World Championships ticket portal

#### **NRS People**

Supporting your health and wellbeing and wellness at work as well as learning and personal development





NRS People - New Workshops for March 2023

NRS People are delighted to offer the following courses which are available free to staff. Please read the course descriptions below and click the graphics to register for any of the courses that you are interested in.

For more information and further development opportunities please visit: NRS People on Connect

## Creating a Resilient Mindset

MS Teams Tuesday 21 March

9:30am to 10.30am

#### Understanding Personal Emotional Triggers

MS Teams Tuesday 28 March

10am to 11am

# Mental Health in the Workplace: A Guide for Managers

Eastgate Wednesday 29 March

10am to 4pm

#### Who can attend?

This workshop is open to all staff who have access to MS Teams.

Resilience is an ability to adapt and bounce back when things don't go as planned. It is a vital life skill in the current tumultuous and ever changing world. When confronted by fear or failure, resilient people demonstrate an ability to face the situation with

#### Who can attend?

This workshop is open to all staff who have access to MS Teams.

Trauma impacts each person individually. Specific events may trigger deep, powerful and personal emotional reactions that test your built-in resilience. Understanding your personal triggers and how to prepare and recover when you experience them plays an

#### Who can attend?

This workshop is open to all managers and supervisors.

People perform better when they feel confident and motivated. Good mental health underpins this. By positively managing and supporting employees' mental wellbeing, managers and supervisors can ensure that staff feel able to perform to their potential.

determination and confidence. Whether they have not been selected for a promotion or failed to secure a new contract, an individual with a resilient mindset doesn't give up. They persevere in the face of adversity and demonstrate courage when it matters the most. This leads to both personal and professional success. Join this session to:

- Discover the power of vulnerability when dealing with failure
- Learn how to perceive adversity as a learning opportunity
- Tackle limiting beliefs associated with challenge and change
- Understand how to embrace fear and take risks

important role in maintaining overall resilience and perform both safely and effectively. It is also an important element of peer support by creating sensitivity amongst team members to recognise and support those who need it. Join this session to:

- Learn about triggers and how to identify them
- Understand emotional responses to triggers and how to manage emotional triggers
- Exploring techniques to support each other
- Learning tools to improve your mental and emotional wellbeing

Delivered by the Scottish Association for Mental Health (SAMH) this course is designed to provide managers with the skills to support and manage positive mental health in the workplace including:

- How to spot the warning signs that might suggest a team member is struggling with their mental health
- The use of pro-active and intervention tools to support staff
- Common mental health problems and ways to support
- Helpful ways to have the conversation and offer support within the remit of your role

## Managing with Compassion

Eastgate Thursday 30 March

9.30am to 12.30pm

#### Who can attend?

This workshop is open to all managers and supervisors.

More now than ever we need to manage with a greater level of compassion to support our staff. This half day in person workshop, delivered by Organisational Development, will cover the principles of what it means to show compassion in the workplace and explore practical tools and tips for the behaviours our managers should display for supporting our staff while working in a high pressured environment. It will also give managers and supervisors the opportunity to come together and discuss real life management case studies that have resulted in staff members not feeling supported, the challenges we face when managing front line staff and learn from each other's experiences

#### Vacancies within NRS

The following job vacancies within NRS have been added to myjobscotland. If you are interested use the button below to go through to the job adverts.

- GLA10077 Lead Advocate (Re-Ad) External
- GLA10123 Assistant Group Manager Parking Service Internal NRS
- GLA10125 Assistant Group Manager Environmental Health External

Click here to view all the vacancies on myjobscotland.gov.uk



myjobscotland

#### Meet Your Colleagues

Kevin McCormack, Group Manager for the City Development Plan and City Design group within NRS Planning

How long have you worked for the council?

20 years.

What do you do in your role?

Ensure that the statutory Development Planning role, in all of its aspects - including policy development and working towards a corporate delivery plan to support the city's transition towards net zero - is managed and delivered in Glasgow. This requires cross service liaison and collaboration. Ensure that the role of good City

Design is promoted and integrated into delivery on the ground through implementation of policy, design strategies, master planning, brief development, and development of management consultations. Ensure that local, regional, national, and international broad scanning and research and development is built into future Development Planning and City Design work programmes.

#### What is your favourite part of your role?

My group is multi-disciplinary consisting of built environment professionals in the field of planning, architecture, urban design, landscape design and archaeology. With that I'm blessed with experienced, talented, and skilled team members who are committed to the regeneration of Glasgow and sustainable development. Working with our communities, partners and inward investors to achieve success on the ground is the most rewarding part of the job helping to deliver positive outcomes for Glasgow.

#### What are the biggest challenges within your role?

The ongoing reform of the planning system is a challenge which will impact on service delivery for many local authorities. The direction of travel puts tackling climate change at the heart of new planning legislation however there is a danger the system is becoming increasingly more technical and resource intensive against a background of continued pressures on local government finance, a requirement to develop, attract, retain and upskill our staff at a time when there are issues nationally limiting the supply of the next generation of planning professionals and the need for continuous improvement in terms of customer service.

#### **General Interest**

#### What other teams do and events and activites that you can join



#### Lord Provost's Charity Lunch 1 April 2023

Join the Lord Provost of Glasgow, Cllr Jacqueline McLaren, for an afternoon of fun, hosted by Radio Clyde 1's DJ Cassie in the magnificent Banqueting Hall, City Chambers.

- Drinks reception
- · 3 course lunch with wine
- Entertainment
- · Raffle and silent auction

Proceeds raised will go to the Lord Provost's Charity Fund.

Tickets are priced at £48 or a table of 10 for £480.

If you would like to purchase a ticket or table for the event please contact the Lord Provost's Office by phone on 0141 287 4099 or by email using the button below.

Click here to email the Lord Provost's Office

#### Work Soon to Begin on Holland Street Avenue in Glasgow City Centre

Work on the next Avenue project in Glasgow city centre - the Holland Street Avenue - will begin later this month.



When complete, the Avenues will be a network of new, attractive, accessible, safe, sustainable and easily-maintained routes throughout the city centre that are people-focused, encourage active travel and are more attractive to residents, workers, visitors and investors.

The Holland Street Avenue project's features will include an avenue of new trees along the western footway of Holland Street and four new trees on the southern footway of West Regent Street; wider footways - surfaced with Caithness stone and granite kerbs - throughout to create a more attractive environment for pedestrians, residents and visitors; on-street parking to meet demand identified through parking surveys; a two-way segregated cycleway on Pitt Street between Sauchiehall Street and Waterloo Street; and soft landscaping incorporating drainage and raingardens - on West Regent and West George Streets - to slow the flow of surface water into the combined sewer networks.



# DONATE

#### Fundraising

If you are currently fundraising for any charity or would like to report back on fundraising activities please get in touch with the NRS Promotions and Engagement team using the button below.

Click here to get in touch

## THE NEWSI ETITER

#### The Loop Newsletter

Previous issues of the Loop are available through the link below. Find out what has been happening within NRS.

Click here to view the Loop

#### Get in Touch

If you have any information you would like to share through this fortnightly email, please get in touch with the NRS Promotions and Engagement Team.

Click here to Send us an Email

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