CITY COUNCIL.

## Secondary Menu

Select a main meal, drink and dessert. Choose as much fruit and veg, soup and bread as you like.All meals include choice of plain semi-skimmed milk and bottled water All options include - yoghurt and fresh fruit for dessert

All dishes are served with a choice of seasonal vegetables or side salad

| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Malin Meal | Roast Chicken Yorkshire Pudding Potatoes | Potato Wedges <br> Topped with Beef Chilli | Macaroni Cheese Garlic \& Herb Bread | Sausage in Gravy with Potatoes | Breaded Fish Oven Chips or Baby Jackets |
| Vegetarian | Quorn Vegan Dipper Salad Wrap | Quorn Hot Dog | Pitta Pocket with Falafel \& Salad with Sweet Chilli Sauce | Spicy Bean Burger in a Bun | Tomato Pasta Garlic \& Herb Bread |
| Snack 1 | Cheese \& Tomato Pizza | Rollover Chicken Hot Dog In a Bun | Chicken Burger | Cheese and Tomato Pizzini | Chicken Tikka Salad Flat Bread |
| Snack 2 | Chicken Goujon Salad Wrap | Tandoori Chicken Salad Wrap | Tuna Mayonnaise Baguette | Chinese Chicken Pitta Pocket with Salad Cucumber \& Yoghurt Dressing | Turkey Salad Baguette |
| Snack 3 | Chicken Pasta Salad | Cajun Chicken Pasta with Spring Onions | Sweet Mediterranean <br> Chicken, Salad and Yoghurt and Cucumber dressing served on a flatbread | Baked Potato Tuna Mayo | Soup \& Toastie MD |

Medical Diet - If you have any dietary requirements please contact the catering manager

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| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal | Beef Steak Pie <br> with Potatoes | Chicken Meatballs in <br> Tomato Sauce with Pasta | Beef Spaghetti Bolognaise <br> Garlic \& Herb Bread | Chicken Curry <br> with Noodles | Breaded Fish <br> Oven Chips or <br> Baby Jackets |
| Vegetarian | Quorn Curry <br> with Rice | Cheese Omelette <br> Oven Chips or <br> Baby Jackets | Vegetable Spaghetti <br> Bolognaise <br> Garlic \& Herb Bread | Quorn Vegan Sausage <br> with Potatoes | Quorn Pasta Salad |
| Snack 1 | Chicken Burger | Katsu Chicken with Rice | Tandori Chicken <br> Salad Baguette | Chicken Tikka Salad <br> Flat Bread | Turkey Salad Baguette |

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