



Glasgow Children's Holiday Food Programme

Monitoring Report Summer 2020

Contents	Page
1. Introduction	3
2. Aim of the Programme	3
3. Programme Criteria	3
4. Timescales/Applications	3
5. Challenges	3
6. Partnership Working	4
7. Outcomes of Programme	4
7.1 Beneficiaries	4
7.2 Number of meals provided/food packs/food vouchers	4
7.3 Activity Packs	5
7.4 Service Delivery Areas by Sector and Ward	5
8. Expenditure by Sector and Ward	6
9. Impact of the Programme	8
9.1 Benefits of the Programme– Comments from Providers	8
9.2 Benefits of the Programme – Comments from Beneficiaries	8
10. Next Steps	10

1 Introduction

The Glasgow Children's Holiday Food Programme was developed in April 2018 to address Poverty in Glasgow – specifically Children's Holiday Hunger.

Eliminating food poverty is recognised as a priority and listed as one of the Scottish Government's Key Sustainable Development Goals. *“By 2030, end hunger and ensure access by all people, in particular the poor and people in vulnerable situations, including infants, to safe, nutritious and sufficient food all year round.”* (**Scotland and the Sustainable Development Goals – A National Review to Drive Action, July 2020**). Numerous academic studies have shown that food insecurity affects school children's academic performance, weight gain and social skills. A nutritious and well-balanced diet is vital for healthy growth and development, supporting learning and social skills, and encouraging continuation of healthy eating later in life. For many children across Glasgow, free school meals are the only nutritious, balanced meal they can rely on each day. Many low income families are unable to afford additional food costs during school holidays.

2. Aim of the Programme

The Programme provides a grant fund which enables community organisations to provide nutritious food to children/young people using their services during the school holiday period. The programme is for children/young people from 0-18 years of age.

3. Programme Criteria

The Programme is open to all Third Sector and Community Groups.

4. Timescales/Applications

96 Applications were received in December 2019 with 70 projects (69 orgs, as one org submitted 2 applications) being recommended for funding for some or all of the following holiday periods:

- Spring 2020 (10 days)
- Summer 2020 (30 days)
- October 2020 (5 days)
- February 2021 (3 days)

This monitoring report focuses on the Summer Programme which ran from 28 June 2020 until 13 August 2020. Two organisations were unable to deliver their planned summer programme due to Covid restrictions while at the time of writing the report two organisation had not submitted their information due to staff shortages/changes. Therefore, the report provides monitoring information from 65 organisations.

5. Challenges

The normal format of the programme was changed significantly during 2020 due to Covid-19. Due to restrictions, organisations were unable to bring children/young people together. Organisations were better prepared on how to deal with this during the summer as they had responded to service delivery challenges during the Spring Holiday Programme. Learning on what type of meals were required, size of on-line groups, types of activity that worked well on line, types of activity packs were most popular - all paved the way for a smoother summer programme. With restrictions easing a couple of weeks into the summer holidays this allowed for some activities to take place outdoors for certain age groups in small numbers and over split sessions.

In order to ensure that food was still provided to children and young people, funded organisations adapted their food service to one of the following:

- Delivery/collection of prepared meals
- Delivery/collection of packed lunches
- Delivery/collection of food parcels (often containing recipe cards)

- Delivery/collection of food vouchers

As planned face-face activities could not take place, on-line activities included:

- Zoom meetings with arts and craft activities, chat sessions, general get together or disco
- Pre-recorded cooking sessions so that children and young people could cook with parents. The ingredients were provided in food parcels.
- Live on-line cook along sessions

Although digital engagement increased substantially during the Pandemic it was recognised that not all children and young people had access to the internet, therefore, activity packs were also delivered to homes which allowed recipients to enjoy games, arts & crafts, story-time, cake making and plant growing.

Glasgow City Council provided Farmfoods vouchers to those eligible for free school meals. The Children's Holiday Food Programme is however open to all between the age of 0-18. The impact of food insecurity on families came into sharper focus during the crisis. Aside from the initial shock to the food supply chain in the early weeks of lockdown, changes in household income, due to furlough, unemployment and benefit delays, meant that many families had less money to spend on food. The availability of food shops in particular neighbourhoods was an additional challenge, due to public transport restrictions.

6. Partnership Working

Whilst partnership working is normally strong amongst funded organisations, the collaboration increased further during these challenging times. The closing of venues and the switch to remote working brought an enhanced positivity and energy by the third sector ensuring families still received much-needed support, despite the additional pressure this put on staff and volunteers.

One organisation wrote "During our time in the school, 4 refugee families approached us for help these women were very distressed but we managed to find organisations that could support their needs locally and reduced their stress a little." The organisation worked with others and provided the families with food parcels, fuel vouchers and interpreters to assist parents as well as the children who joined in activities with another provider.

7. Outcomes of Programme

7.1 Beneficiaries

During the 6-week summer programme over **26,000 children/young people from 13,715 households** benefited from fresh food and activities on-line, outside or at home. During Summer 2019 19,196 children/young people benefitted from the Programme.

7.2 Number of meals provided/food packs/food vouchers

Organisations provided a variation of meals and snacks, this included breakfast, lunch and dinner. Some organisations only provided one meal per day, while others provided two and some three per day. These were either delivered hot or were easy to heat up.

Meal	Prepared Meals Provided 2020	Food Parcels 2020	Meals Provided 2019
Breakfast	25,348	95,582	57,665
Lunch	106,165	84,748	111,460
Dinner	48,604	79,901	19,186
Snacks	51,282	96,553	102,534
Total	231,399	356,784	290,945

A further **45,051 food parcels** were provided but could not be broken down into meals.

Additional to the prepared meals and food parcels **7,216 food vouchers** were provided totalling **£114,941**. These were from a variety of stores and were only for food purchases.

7.3 Activity Packs

Restrictions were eased slightly during the summer period but much of the programme took place during lockdown restrictions and therefore activities and trips could not be provided. Organisations used the funds to reach further than their planned target beneficiaries, by providing more meals than planned per day and by providing a total of **23,138 activity packs**. This included baking, cooking and arts & craft activities.

7.4 Service Delivery Areas by Sector and Ward

A breakdown is provided in the tables below highlighting the number of organisations working within each of the Sectors and council Wards. As most food was delivered to homes the number of households has also been included this year. Please note that if an organisation had beneficiaries from more than one Sector/Ward, then the number of service users was divided evenly across all Sectors/Wards covered.

Sector	No. of Projects 2020	No. of Beneficiaries 2020	No. of Households 2020	No. of Beneficiaries 2019
East	27	9,371	4,125	6,357
West	16	3,977	2,295	3,439
South	19	5,652	3,621	6,743
City Wide	8	**7,490	3,674	2,657
Total	*70	26,491	13,715	19,196

* 5 organisations working over two sectors

** 4 organisations that previously worked across 1 or 2 Sectors have covered all 3 Sectors this year. Therefore, there is a significant increase in the number of city-wide beneficiaries.

Ward	No. of Projects 2020	2020 No. of Beneficiaries 2020	No. of Households 2020	No. of Beneficiaries 2019
1 – Linn	12	2,838	1,907	848
2 - Newlands/Auldburn	6	267	159	147
3 - Greater Pollok	9	462	271	251
4 - Cardonald	8	822	400	509
5 - Govan	13	1,002	628	548
6 - Pollokshields	9	685	314	239
7 - Langside	10	371	218	144
8 - Southside Central	13	1,138	722	724
9 - Calton	17	1,605	994	3,558
10 - Anderston/City/Yorkhill	6	373	167	295
11 - Hillhead	6	304	170	169
12 - Victoria Park	5	291	158	168
13 - Garscadden/Scotstounhill	8	611	265	408
14 - Drumchapel/Annie'sland	10	1,239	590	1,107
15 - Maryhill	13	1,619	914	893
16 - Canal	14	1,696	1,027	1,158
17 - Springburn/Robroyston	17	1,267	654	643
18 - East Centre	17	2,700	1,072	519
19 - Shettleston	18	877	444	853
20 - Baillieston	12	2,388	919	553
21 - North East	17	2,724	1,108	4,777
22 - Dennistoun	18	950	471	603
23 - Partick East/Kelvindale	5	261	143	82
	*263	26,491	13,715	19,196

* 39 organisations delivering to multiple Wards

Calton – significant decrease in this Ward as one organisation based in the Ward usually has hundreds of visitors to its playground each day. As the playground was closed the organisation worked in the local area providing 3 meals a day to families.

North East – decrease in this ward as one organisation based in the ward only indicated service users from 1 ward last year, this year it was across 3 wards.

8. Expenditure by Sector and Ward

A breakdown of expenditure is provided in the tables below. The expenditure categories are as follows:

- Food Costs – food and ancillary costs.
- Other Direct Costs – sessional staff, venue hire, activity costs, transport costs, PPE, implementation of social distancing measures.
- Management Costs – marketing, management fee.

Please note that if an organisation had beneficiaries from more than one Sector/Ward, then the total amount funded to the organisation was divided evenly across all Sectors/Wards covered.

Sector	Food Costs	Other Direct Costs	Management Costs	2020 Sector Total	2019 Sector Total
South	£ 200,324	£6,185	£9,941	£306,450	£344,404
East	£ 327,565	£140,367	£14,926	£482,858	£469,008
West	£ 178,112	£64,644	£8,432	£251,188	£ 292,259
City Wide	£ 236,596	£92,208	£5,492	£334,295	£270,327
Total	£942,597	£393,404	£38,790	£1,374,791	£1,375,998

Ward	Food Costs	Direct Costs	Management Costs	2020 Ward Total	2019 Ward Total
1 - Linn	£53,887	£17,554	£1,054	£72,494	£67,040
2 - Newlands/Auldburn	£6,313	£4,180	£254	£10,747	£22,330
3 - Greater Pollok	£24,977	£8,154	£1,301	£34,432	£50,268
4 - Cardonald	£30,727	£13,645	£945	£45,316	£51,639
5 - Govan	£42,490	£24,301	£1,835	£68,626	£67,223
6 - Pollokshields	£18,254	£10,184	£1,048	£29,486	£14,044
7 - Langside	£16,839	£10,815	£1,046	£28,700	£31,154
8 - Southside Central	£54,584	£34,052	£3,494	£92,130	£75,180
9 - Calton	£85,552	£20,771	£2,856	£109,179	£106,125
10 - Anderston/City/Yorkhill	£24,695	£5,506	£686	£30,887	£25,868
11 - Hillhead	£16,987	£6,764	£353	£24,104	£25,169
12 - Victoria Park	£11,797	£3,357	£77	£15,231	£22,615
13 - Garscadden/Scotstounhill	£21,720	£5,306	£496	£27,522	£47,502
14 - Drumchapel/Anniesland	£39,748	£8,824	£1,049	£49,622	£55,109
15 - Maryhill	£71,795	£27,981	£3,690	£103,466	£101,013
16 - Canal	£82,396	£33,882	£3,886	£120,164	£93,728
17 - Springburn/Robroyston	£63,916	£26,769	£3,099	£93,784	£63,203
18 - East Centre	£57,182	£25,019	£2,538	£84,740	£65,651

19 - Shettleston	£43,811	£21,101	£1,467	£66,379	£118,288
20 - Baillieston	£45,248	£19,373	£2,145	£66,766	£76,030
21 - North East	£75,465	£41,275	£3,415	£120,155	£141,231
22 - Dennistoun	£44,690	£20,989	£1,937	£67,616	£43,874
23 - Partick East/Kelvindale	£9,525	£3,600	£121	£13,245	£11,714
	£942,597	£393,404	£38,790	£1,374,791	£1,375,998

9. Impact of the Programme

9.1 Benefits of the Programme– Comments from Providers

A range of feedback was provided by service providers:

- “We actually found that stronger relationships were forged with families through this adapted version of the holiday club and that although numbers were lower, the potential longer term impact for each family was greater.”
- “A private Facebook group was created this was an idea by the families as online engagement was key to keeping connected, they also wanted some sort of privacy where they could share photographs of their homemade lunches and crafts. The Facebook group was a great success the families were able to come together online with bespoke workshops and create the weekly crafts together. We created a safe space allowing the families to engage whilst the kids stayed connected and safe at home.”
- “In our final week we were joined by 4 teachers from our local primary school, St Philomena’s, where many of the children we work with attend. The teachers joined in with our sessions, and twice ran STEM sessions. This provided an opportunity for the young people to re-engage with the teachers who they hadn’t seen since before lockdown, and made the transition back to school easier.”
- “We provided basic supplies to families inc health & wellbeing products and play at home packs. These packs helped ensure children and young people's health and happiness wasn't compromised during the pandemic. We provided sanitary products for girls and women. We also provided bilingual books for families who had English as an additional language.”
- “Keeping in contact with our families, even if it was at their front door helped us check on their mental health and well-being and make referrals or sign-post them to other support available.”
- “Having to work in smaller groups allowed more one on one time with our children.”
- “We have managed to continue to provide for our community during a Pandemic. While we were worried about children being in isolation for so long the gradual lifting of restrictions before the return to school was a great help in getting the kids ready to socialise again in preparation for their return.”

9.2 Benefits of the Programme – Comments from Beneficiaries

- "I love zoom time", "I got to see other people on my birthday"
- " you made his dreams come true, he has not seen his friends in 5 months"
- "I love being out in nature, I just don't make enough time for it and it feels so good."

- The team also observed a young person approaching others to ask them to play, which was new.
- "Pasta was amazing!"
- "Thank you so much. This has made my kids summer. They have missed out on so much over the last few months and this has really helped us. They came home everyday with a smile on their faces and couldn't wait to go back the next day."
- "Your team has made a massive difference this summer. My grandson and his friend have went every day to camp and it has helped them so much. Before they were in the house everyday doing nothing. But now they are running about, having fun with their friends and eating healthy everyday. Thank you."
- "The camps have helped us so much. The food has taken away a worry I have had every day since I lost my job and knowing that my son is safe and happy every day at the camps is great. He prefers it to school."
- "I know that the children are receiving a fantastic experience. The food is a massive help to the families that participate in our school as I know many have lost their jobs and have a lack of income. Children being able to play, learn and be happy during the summer period is so important and the camp at our school has definitely achieved this."
- "You helped us through these hard times without it I don't know what we would have? done"
- "My family benefited from the food parcels as I'm a single mother on a low income so this took the pressure off of me and helped me feed my family"
- After being furloughed from work and only receiving 80% of my basic wage, which is not great when you have 6 in the family the packs and vouchers have helped us so much. They have been a godsend to our family and the activity packs have helped to occupy the kids throughout the time at home. Thanks so much for all your help and support."
- We gratefully received fruit bundle snacks, food and vouchers. We would like to give you 3 big thank yous for all the goodies and I'd just like to say I have a lot of admiration for all you do and provide for lucky club members at all times and now in this global pandemic the life lines thrown are just amazing. Thank you."
- "Thank you so much for the meals. They've really helped our family. I'm a stage 3 cancer patient and my treatment has been paused as I'm shielding. Our whole family is in lockdown as it's too scary to go out."
- "I've never ate green apples before"
- "The fruit is the best. You can't get that quality in the shops"
- "It feels like we are getting a healthy takeaway treat every week. We can't afford takeaways anyway so this has felt like a treat even though we need it. I've just lost my job so I'm really worried. These meals and the food helps us smile through it"
- "She hated carrots but she didn't know they were in the meals until she read it on the label after she ate it. Now she said she likes them."
- "I'm 64 and my 2 grandkids (8 and 12) are living with me. They are eating me out of house and home. Thanks for supporting us with the meals. It's saving me money I don't have and keeping them excited for what's in the food box."
- "My oldest (15) has been making recipes from the boxes that he's learned in school. He thinks he wants to be a chef now because he's been cooking every week"
- "I'm a single parent and don't drive so I need to take my son shopping with me and receiving parcels twice a week with fresh fruit and pre-made dishes only requires me to go out shopping once a week. My son is getting his five a day and I love to make a pot of leek soup and share with my elderly neighbour"
- "The food packages during isolation and beyond meant the worry of not having enough essentials was taken off of our shoulders"
- "He looks forward to every Wednesday when he gets his wee pack. I got one too. I love it. I even look forward to having a bath now."

- "I suffer from anxiety and this covid has made it worse but the book you put in the pack has helped me. I keep reading it and telling everyone about it. Thanks so much"
- "Thank so much for my girlies art bag delivery last week. She has loved using everything in it."
- "I couldn't get hand sanitizer anywhere or it was too expensive. Thanks for the bottle. It means I can keep my family safe"

10. Next Steps

Despite the challenges of a Global Pandemic, Voluntary and Community Organisations managed to deliver, albeit different in format than usual, a successful Summer Children's Holiday Food Programme. The service will next run in February 2021.

It is anticipated that recommendations for the 2021/22 Programme will be considered at the City Administration Committee on 28 January 2021.